

The Carmel Pine Cone

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Pro-Am outlook: Lots of fun but no spectators

By MARY SCHLEY

WITH MONTEREY County firmly in the most restrictive Purple Tier as hundreds of new coronavirus cases are reported each week, it's likely next February's AT&T Pebble Beach Pro-Am will be played without fans.



PHOTOS/KERRY BELSER, PINE CONE FILE

Scenes from ancient history: At the 2019 AT&T Pebble Beach Pro-Am, Jordan Spieth tees off in front of a camera-toting mob, while comedian George Lopez crowd-surfs his way through Club 15. In 2010, a dapper Kevin Costner signs autographs for eager fans.

But the pros, celebrities, amateurs, caddies and full broadcasting crew will still be there, according to Lesley Varney, marketing director for the nonprofit Monterey Peninsula Foundation, which organizes the tournament. And the event — which is celebrating its 75th anniversary in 2021 — will still bring in lots of money for charities.

“We are very grateful that we will still be able to host a tournament with pros and amateurs, similar to the recent Pure Insurance Championship which was held in September as a broadcast-only event,” she said, referring to the Champions Tour program that brought veteran pros, young players and amateurs together to raise more than \$1.5 million for The First Tee youth golf program and other charities. “Even without fans, the Pure tournament was able to make a significant charitable contribution, and we are confident the same will be true for AT&T.”

Field taking shape

Organizers have been busy preparing for the pro-am, and invitations have been sent to players, with replies “slowly starting to trickle in,” she said.

“We’ll start posting field updates by Dec. 1, if not earlier,” she said, and then shared the names of a half-dozen celebrities who have already committed to playing next February: Kira K. Dixon (Golf Advisor’s ‘lifestyle correspondent,’ Golf Channel host and 2015 Miss America), renowned chef Thomas Keller, Chris O’Donnell, Ray Romano, Larry the Cable Guy and Clay Walker.

Late last week, the foundation posted a notice on the tournament’s website advising

See AT&T page 19A

As cases surge, county prepares for vaccine

By KELLY NIX

MONTEREY COUNTY is experiencing a spike in new coronavirus infections — which this week are running more than double what they were just two weeks ago. But the good news is that with two vaccines for the virus apparently nearing approval from the FDA, the county’s top health official said Wednesday his agency is figuring out who will first be inoculated with the vaccines and how they will eventually be given to hundreds of thousands of residents.

Monterey County Health Officer Dr. Ed Moreno said that while the county has not been told when it might get the vaccine, his office is preparing.

“Until that time comes, the county health department and California Department of Public Health are collecting information from local agencies to identify specific groups that would be offered the vaccine first,” Moreno said.

Though Moreno didn’t specify which groups would be prioritized for inoculation, they will likely include first responders, the elderly, those with preexisting med-

See VACCINE page 16A

Moreno OKs CUSD plan to reopen schools

By MARY SCHLEY

THE QUESTION of whether Carmel Unified’s elementary schools can reopen for in-room teaching now lies with the California Department of Public Health, CUSD interim superintendent Trisha Dellis announced at the board of education meeting Wednesday night.

District officials heard from county health officer Dr. Ed Moreno Monday that he had signed off on the waiver application CUSD submitted a few weeks ago.

“He has approved the elementary school waiver on the county level and pushed that to the California Department of Public Health, so now we’re awaiting a response at the state level as to whether they’re going to approve our elementary school waiver,” she said.

With climbing infection rates in the county, mostly in Salinas and the Salinas Valley, it remains to be seen wheth-

See REOPEN page 19A

State orders new reduction in pumping from river

By KELLY NIX

BECAUSE A new water supply for the Monterey Peninsula has been tied up in myriad state and local government permit processes, the State Water Resources Control Board on Tuesday ordered a 12 percent reduction in pumping from the Carmel River — this on top of the strict pumping limits that have been in place since 1995 to protect the river.

The Peninsula’s water provider, California American Water, has been trying for decades to get a new water source online, and within the last five years, a desal plant in Marina seemed to be getting close to the finish line. But as opposition to the proposed \$320 million project grew, and lawsuits were filed to stop it, the California Coastal Commission abruptly withdrew its support for desal,

which it had once advocated as the key to the state’s water future.

As a result of all the setbacks, state-imposed milestones for a new water project will not be met, resulting in this week’s cutbacks.

State board executive director Eileen Sobeck confirmed Tuesday that as a penalty for missing its deadlines, Cal Am must reduce its diversions from 8,310 acre-feet to 7,310 acre-feet (a difference of about 326 million gallons)

See RIVER page 12A

Errant tree feller gets wrist slapped

By MARY SCHLEY

THE OWNER of the tree maintenance company that mistakenly cut down a pine on First Avenue west of Monterey Street instead of a pine on Monterey east of First apologized to the forest and beach commission last week for the error. The tree he cut down by mistake was sick, anyway, he said, and he’s already cut down the correct tree and will remove the remaining trunk, both stumps and plant new trees, all at his own expense.

Rather than terminating or suspending John Ley’s contract with the city, or taking any other harsher course, commissioners agreed to accept his apology and reparations.

See SLAPPED page 15A

LOCAL TEEN BAKES BREAD WHILE HE’S SHUT DOWN

By LISA CRAWFORD WATSON

MARK ALBIOL doesn’t mind the distance learning he’s had to endure because of the coronavirus. In fact, the Carmel High freshman prefers working from home, at his own pace, where he can take a break from studies and turn to play a little percussion on the drum set in his room. Or run across the street to play a few sets of tennis. Or head into the kitchen to bake bread.

Dude with an oven

This is not heat-and-serve bread from the bakery section at some big-box store, or made from the mixes on Aisle 4. It’s a from-scratch sourdough *boule* available in plain or garlic spice. And this is not one or two loaves he makes for a family meal — it’s at least 16 loaves per week which he slips into custom bags with stickers that bear his brand, Markodude’s Bakery.

Every Saturday for the past 16 weeks, Albiol has slipped on his chef’s hat embroidered with “Chef Mark,” and his white chef’s coat — plus mask, shield and gloves — and has headed up the street from his Carmel Woods

See BREAD page 14A



PHOTO/PHILIP GEIGER

Carmel High freshman Mark Albiol has discovered he gets a rise out of baking bread. You can find him on Saturdays selling loaves of sourdough from his table in Carmel Woods.



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Sandy Claws

By Lisa Crawford Watson

Canine competition

HE'D ALWAYS been intrigued by dogs who were extremely agile, which led him to the border collie. Bred for intelligence and obedience, these herding dogs are highly trainable, the epitome of energy and agility.

He got Prix as a puppy, and together they trained at a canine center in Pacific Grove, and then with a trainer south of Salinas.

When Prix was 6, they moved from Pebble Beach to Kauai, where Prix sired a son, Pono. In the Hawaiian culture, Pono stands for righteousness and balance. True to his name, Pono is more agile than his father.

"Pono is much more into it than Prix, who is too careful," their person said. "Prix doesn't like making mistakes, so he goes slowly, especially in competition, which is all about speed. You can't make mistakes, but you have to be fast. Both are master agility dogs, but Pono has the amazing skill."

After a couple of years, the family came back to California, settling in San Benancio. Prix, Pono, and their person have resumed their agility training and competition.

"When you compete with a dog, you can get surprised," their person said. "A dog agility trial is



like a three-ring circus; all dogs handle it differently. Trying to keep a connection with my best buddies and make it work in a very controlled environment is an interesting challenge."

For Prix, 9, and Pono, 3, agility trials are a more mental than physical exercise. At the end of a long day of competition, they're still full of energy but are mentally exhausted.

"Any border collie owner will tell you, our No. 1 objective when we wake up in the morning is to figure out ways to wear out our dogs," he said. "We go to the beach. Prix and Pono are avid swimmers or maybe just avid stick retrievers. If it goes in the water, they do, too."

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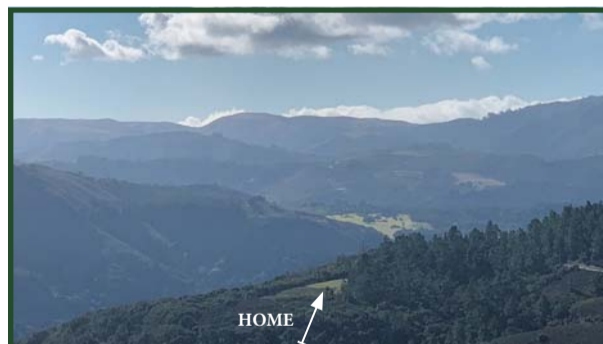
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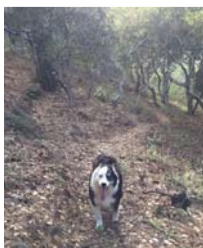
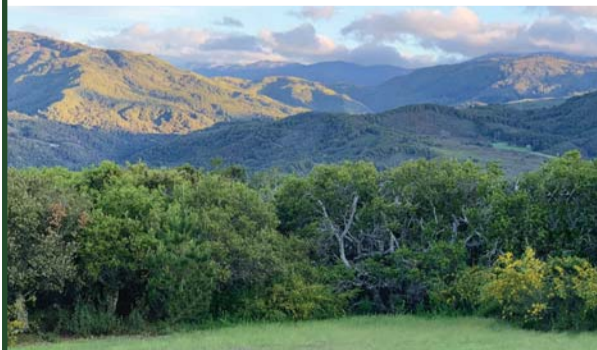
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Supes ask for simpler STR rules

By CHRIS COUNTS

IN THE works for eight years — and mired in a painfully slow process — Monterey County's short-term rental ordinance got a shake-up Nov. 17 from the board of supervisors, who asked that it be simplified.

The supervisors aren't planning to vote on the proposed ordinance until early next year, but the topic was on their agenda this week because the county planning commission sent a letter to the board asking for guidance.

A draft of the ordinance contained different tiers of review and fees for operators based on how often they rent out their dwellings, or whether or not they live there. Some would have had to go through a permit hearing and pay a hefty fee, while others would have sidestepped that process and paid a small fee. But supervisors decided last week that all operators will go through the same permit process — and each rental be considered a commercial entity.

"It's a simpler process that treats everyone the same," 5th district supervisor Mary Adams told The Pine Cone.

Dunes exemption

Supervisors also gave residents of Moss Landing's Monterey Dunes community something to be hopeful about. For years, Dunes residents have made the case that they should be allowed to rent their homes on a short-term basis without much oversight because the community was founded as a colony of vacation rentals.

The supervisors unanimously agreed — when asked informally — to exempt the Dunes community from the ordinance.

All five also agreed that all county residents should get three "freebies" each year, which means they could rent out their homes three separate times annually for short periods of time, like many do during the AT&T Pebble Beach Pro-Am or the

Pebble Beach Concours d'Elegance. It's unclear what type of permit would be required.

And finally, the supervisors agreed that enforcement will be essential to the success of the ordinance — and that the fees collected for permits must cover the costs of that enforcement.

'A ban in disguise?'

The hearing, which was done online, gave operators an opportunity to speak out.

Annee Martin of Sanctuary Vacation Rentals called the ordinance a "ban in disguise," described the process as "onerous," and said the regulations are "unreasonable." She urged supervisors to find common ground with the industry. "We truly want to be part of the solution," Martin said.

Richard Matthews of the Monterey County Vacation Rental Alliance told supervisors that operators who are not causing problems are being cited by code enforcement, which he said supervisors insisted wouldn't happen — at least while the ordinance is working its way through the planning process. "They're not following the direction of the supervisors, who said enforcement should only happen if an actual nuisance occurs," Matthews said.

Just as they have at previous hearings, homeowners from the Monterey Dunes community in Moss Landing pleaded with supervisors to allow them to operate unencumbered by county regulations. Allison Jefferson noted that vacation rentals have "historically been a big part of the Dunes community."

Like many others in the industry, Lori Wood said operating an STR makes it possible for her to keep her family's property. She also noted that she's never received a complaint. "It's made such a difference in my life," she told the supervisors.

Others pushed back against the in-

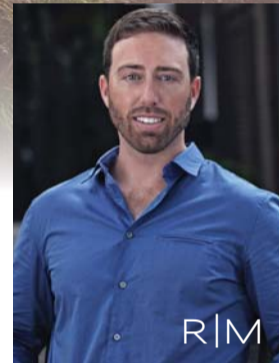
See RENTALS page 26A

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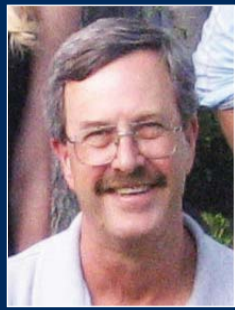
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Police & Sheriff's Log

Pick the right designated driver

HERE'S A look at some of the significant calls logged by the Carmel-by-the-Sea Police Department and the Monterey County Sheriff's Office last week. This week's log was compiled by Mary Schley.

SUNDAY, NOVEMBER 1

Carmel area: Deputies responded to a family quarrel on Highlands Drive.

MONDAY, NOVEMBER 2

Carmel-by-the-Sea: Gun surrendered at police station for destruction.

Carmel-by-the-Sea: Cell phone left on top of a car last week on Highway 1 in the Highlands. The phone fell off the vehicle. The phone is in a case type wallet.

Carmel-by-the-Sea: Cell phone found in a crosswalk at Mission and Eighth and brought to the station.

Pacific Grove: Fall on public property on Sinex. Subject was intoxicated.

Pacific Grove: Subject on Forest was found in possession of drug paraphernalia. Cited and released.

Pacific Grove: Citation issued to a subject on Forest for warrants.

Pacific Grove: Theft of bikes from a vehicle on Ocean View Boulevard.

Pacific Grove: A 37-year-old male was arrested on Benito Avenue for misdemeanor or domestic violence and held at Monterey County Jail on \$5,000 bail.

Carmel area: Theft of online delivery order on Cypress Way.

Carmel Valley: Deputies responded to a report of a vandalism on Laurel Drive.

Carmel area: Citizen on Loma Alta Road reported receiving harassing text messages.

TUESDAY, NOVEMBER 3

Carmel-by-the-Sea: Found bag of tools at Second and Carpenter. Finder was following a truck who took sharp turn and his tool bag fell off. Finder tried to get his attention but went back and collected the tools.

Carmel-by-the-Sea: Credit card found on the beach.

Carmel-by-the-Sea: Male reported losing his Apple watch somewhere on Carmel Beach.

Pacific Grove: Fraud reported on Eighth Street.

Pacific Grove: Fall in a city building on Forest.

Pacific Grove: A vehicle repossession on David was called in by the repo agency.

Pacific Grove: A subject came into the lobby to turn in ammunition to be destroyed.

WEDNESDAY, NOVEMBER 4

Carmel-by-the-Sea: Welfare check on elderly male at Lincoln and Eighth. Given a courtesy transport home.

Carmel-by-the-Sea: Officer assisted a citizen who found a loose dog on Hatton Road. Officer scanned the dog and located a microchip. The dog owner called the department at the same time, and the owner was verified by the chip information. The owner was provided prevention information and warned, and the dog was returned.

Carmel-by-the-Sea: Non-injury accident between motor vehicles on Santa Rita.

Pacific Grove: Cat shot with a BB gun on Lincoln Avenue.

See **POLICE LOG** page 14RE in the Real Estate Section



The gavel falls

Verdicts, pleas and sentencings announced by Monterey County District Attorney Jeannine Pacioni

Oct. 1 — Michael Edwards, 57 and a resident of Salinas, was sentenced by the Honorable Pamela L. Butler to four years in the county jail pursuant to PC 1170(h) for selling heroin. Butler also sentenced him to the middle term of two years in county jail pursuant to PC 1170(h) for selling methamphetamine, to run concurrently. A jury previously convicted Edwards of felony charges of selling methamphetamine and heroin, as well as a misdemeanor charge of possession of controlled substance paraphernalia. He had previously entered a guilty plea for driving on a suspended license.

On September 26, 2019, California Highway Patrol officers stopped the defendant for driving with expired registration. During a search of the defendant's vehicle, officers found a locked briefcase with 27 grams of methamphetamine, 2.9 grams of heroin packaged separately, and numerous items of drug sales indicia. The defendant had a scale, payowe notebooks, a smoking pipe for methamphetamine, baggies for packaging, and a large amount of currency.

At the sentencing hearing Edwards continued to deny that he possessed the substanc-

es for sale.

Oct. 5 — Blanca Ibarra, 38, of Salinas, pled guilty to felony welfare fraud. Between the months of June 2016 and November 2019, Ibarra was receiving Cal Fresh benefits (food stamps), claiming that the father of her children was an absent parent and that she needed these benefits to support her children. A subsequent investigation by the Department of Social Services and the Monterey County District Attorney's Office revealed that she was in fact living with the father of her children during the entire fraud period. It was also discovered that he was employed full time at Concrete Value Corporation during this entire period as well.

This resulted in her household receiving income well above the income threshold level to receive benefits. Ibarra's failure to report her true household composition and income to the Department of Social Services resulted in an overpayment of benefits of \$21,213.00.

Ibarra will be sentenced on January 12, 2021. She faces three years of formal felony probation, up to 365 days in jail, and will be ordered to pay back the loss directly to the Department of Social Services.

City of Carmel-by-the-Sea Shop Local and Shop Homecrafters'

The Homecrafters' Marketplace has been cancelled this year but you can still go shopping.

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Council to consider beach fires again

By MARY SCHLEY

THANKS TO the coronavirus shut-down, it's been illegal for anyone to have a fire on Carmel Beach this year — which has put the longstanding controversy about fires on the beach in a de facto holding pattern. But with a previous program to allow wood fires in five metal pits set to expire soon, the council will hold a special meeting Nov. 23 at 4:30 p.m. to decide what to do next.

Beach fires on the sand — which historically were an integral part of the city's culture — were banned in 2016. Since then, fires have been allowed only in a handful of city-owned pits placed on the sand sometime in May and picked up in the fall, depending on the tides and storms.

The council has debated, grappled with, extensively discussed and passed numerous temporary ordinances addressing the issue ever since it decided that the tradition of people enjoying fires on the beach had gotten out of hand.

Over the intervening years, the council limited fires to up to a dozen fire pits — first in larger cauldrons, and then in smaller "smoke less" pits that reduce the amount of wood smoke released in the air, and then in fewer than a half-dozen of those

pits. In June 2019, council members decided that, given some people's arguments that even a small amount of wood smoke is harmful to health and that beach fires force people who are sensitive to smoke to stay away, a propane-only program should be implemented for a year. They then reversed course a month later and settled on having five pits on the beach between May 15 and Sept 15 of this year.

No pits

That experiment never happened, since gathering on the beach has been prohibited under special rules imposed to try to help slow the spread of coronavirus.

On Nov. 23, council members will again talk about what to do, likely with those adamant about eliminating fires and those passionate that they be protected as a tradition and easy way to enjoy the beach weighing in as well.

It will also be councilwoman Jan Reimers' last meeting, since she'll be replaced by recently elected Karen Ferlito — an avowed opponent of wood fires — before the council's next regular meeting in December.

For more information, including how to call in to the meeting or watch it online, go to ci.carmel.ca.us.



To help mollify those who complain about wood smoke, the city bought and installed smaller pits that emit less of it. On Nov. 23, the council will decide whether to keep using those or do something else.

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Jail coronavirus numbers low despite presence of more inmates

By MARY SCHLEY

UNLIKE IN many state prisons, including the two in Soledad, Monterey County Jail has managed to keep the spread of coronavirus among inmates at a standstill since a large spike there over the summer, when nearly 30 percent of the 785 inmates had tested positive for the virus, and four were hospitalized.

This week, as the population at the jail hovered in the mid-800s, one person was reported to be infected, and 10 days ago, the jail population was 960, with zero inmates testing positive.

The outbreak in the jail was discovered July 6, when an inmate with no symptoms underwent routine testing in preparation for surgery and came back positive. The numbers hit 275 by the end of that month, but since then, the

steep rise has leveled off, with very few new cases coming in. As of Wednesday, the case count for the jail totaled 330 out of 2,836 inmates tested since July 6, with one current case.

Monterey County Sheriff's Cmdr. Derrel Simpson said Wednesday that strict testing requirements for incoming inmates, mandatory quarantining, and routine testing for deputies have helped keep an outbreak from recurring.

Lots of turnover

Inmates come and go at the county jail on a daily basis, and anyone who is brought there for incarceration is tested on arrival and kept isolated. After 11 days, the inmate is tested again, and if the result is negative, the person is then housed with the general population.

Key to that process has been having the space to isolate

people. "We opened a new part of the jail a little early, so we were able to segregate people immediately," Simpson said.

People who work at the jail have their temperatures checked daily, and they have to answer a health questionnaire at the start of each shift verifying they don't have any symptoms and haven't been exposed to anyone who has contracted the virus.

Employees are tested right away if they show any cold-like symptoms. "We get results back within 24 hours," he added.

At the start of the pandemic, the sheriff's office and the courts began releasing certain inmates early so that they would have more space in the jail for isolating and quarantining those who had to be there and tested positive or might have been exposed. The jail population fell below 600 inmates in the spring.

Being able to use recently constructed areas of the jail compound has allowed quarantining to continue while keeping more people in custody as needed. On Wednesday, 843 inmates were jailed there.

"Obviously, we were affected" by the pandemic, he said. "But the jail has done a good job of controlling it."

PGPD investigate brutal robbery

■ But hide details about perp

By KELLY NIX

PACIFIC GROVE police are searching for the person who beat and robbed a 22-year-old man on Asilomar Avenue last week, though investigators don't believe the attack was "random."

Police said that on Nov. 10 at about 8:20 p.m., the unnamed victim was attacked in the 700 block of Asilomar Avenue.

"At this time, the Pacific Grove Police Department does not believe this was a random act," police administrative services manager Jocelyn Francis told The Pine Cone Wednesday. "The investigation is active."

Francis would not specify the victim's injuries nor what

See ROBBERY page 26A

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Supes poised to spend nearly \$1M more to help small businesses

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By MARY SCHLEY

MORE THAN 140 businesses with 50 or fewer employees have applied for financial help from Monterey County, with total requests adding up to \$1,383,074, Chris Donnelly, director of the county's workforce development board, said Tuesday. Since the board of supervisors only designated \$468,000 in funding from the federal CARES Act for the grants, the program was set to fall far short, but considering the dire unemployment numbers and revenue losses that continue to plague the county, supervisors decided they'll vote on allocating the additional \$958,742 next month.

Their discussion followed Donnelly's presentation on how the coronavirus shutdown has affected industries across the county, the most vulnerable of which is hospitality.

"Nationally, Covid has had a devastating effect on the

hotel and restaurant workforce. Nine out of 10 hotels had to lay off or furlough workers, and the hospitality industry lost 7.5 million jobs nationally," he said.

Locally, those jobs are down nearly 25 percent. In September 2019, 15,000 people were working in food and beverage, and 8,800 were in accommodations. Two months ago, those numbers were 11,700 and 6,400, respectively, according to Donnelly. Total employment in the county dropped from 215,100 people working to 167,900 during the same period.

He also noted that according to the American Lodging and Hotel Association, hotel occupancy across the county dropped from 74.3 percent in September 2019 to 48.2 percent this September, leading to revenue losses of \$671 million.

Who asked for help

Donnelly said 144 business owners applied for small business relief grants funded by federal taxpayers, including 71 in the 5th District, which includes much of the Pen-

insula. Supervisors decided last month that priority should be given to those that hadn't received money through the SBA's payroll protection program and are in the unincorporated areas of the county.

The program is based on actual expenses, so those approved for the taxpayer-funded grants of up to \$10,000 each have to submit receipts to get the cash, but it's retroactive to the day the shutdown began March 18. Eligible costs include payroll, rent and lease payments, and equipment and supplies purchased to help mitigate the spread of coronavirus and safely reopen or continue operating. They had two weeks to apply, and the deadline for turning in receipts is Dec. 14.

Only 10 applications were from businesses in unincorporated areas, with the rest from Carmel, Pacific Grove, Monterey and other cities throughout the county. Not surprisingly, hospitality was the largest sector represented, with 30 applicants, followed by two dozen in professional

See **HELP** page 27A

Welcome some of the newest members of the medical staff at Community Hospital of the Monterey Peninsula.



Dr. Ryan Casserly Otolaryngology

Dr. Casserly is an otolaryngologist with Central Coast Head & Neck Surgeons in Monterey. He specializes in otology, balance disorders, and hearing restoration. He graduated from the Keck School of Medicine at the University of Southern California and completed his residency at the University of Maryland Medical Center and a fellowship at Christiana Care Health. Dr. Casserly speaks Spanish. His personal interests include the culinary arts, and he has trained in French cuisine and cooked professionally.

Dr. Julia Pederson Pediatrics

Dr. Pederson is a pediatrician with Pediatric Group of Monterey. She graduated from the Stanford School of Medicine after obtaining an undergraduate degree in biology from Harvard. Dr. Pederson completed a pediatric residency at Northwestern University Feinberg School of Medicine and the Ann & Robert H. Lurie Children's Hospital of Chicago. Before joining Pediatric Group of Monterey, Dr. Pederson practiced in Oregon, Illinois, and at Mee Memorial Hospital in King City, where she was also vice chief of staff. She serves as a commissioner of First5 Monterey County, which works to enrich the lives of children, prenatal through age five, through activities, advocacy, and partnerships that support early childhood development.



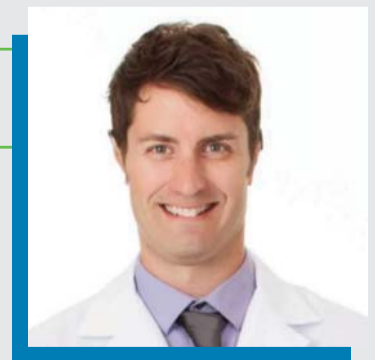
Dr. Emilio Quezada Liuti Pediatric cardiology

Dr. Quezada specializes in pediatric cardiology, providing care for congenital heart malformations and rhythm abnormalities. He earned his medical degree from Francisco Marroquin University School of Medicine in Guatemala and completed residency in general pediatrics at the Morsani College of Medicine at the University of South Florida. This was followed by a fellowship in pediatric cardiology at Oregon Health & Science University and advanced training in fetal cardiology and noninvasive cardiac imaging at UC San Francisco. Dr. Quezada is an assistant professor of pediatrics at UCSF and is board-certified in pediatrics. He is fluent in Spanish.



Dr. Kearnan Adam Welch Endocrinology

Dr. Welch specializes in endocrinology, diabetes, and metabolism at Montage Medical Group. He received his medical degree from Touro University College of Medicine in Vallejo and completed fellowships in internal medicine at Community Memorial Hospital in Ventura and in endocrinology at UC Davis Medical Center. He is board-certified in internal medicine. Clinical areas of interest include transgender medicine and gender-affirming care. Dr. Welch's personal interests include baking, international travel, and piano composition. He is fluent in American Sign Language.



Carmel High School puts together committee to study mascot's future

By MARY SCHLEY

A GROUP of Carmel High School students, staff and alumni — but not parents or community members at large — is being put together to help decide whether the school's 80-year-old Padre mascot should stay or go. Principal Jonathan Lyons, activities director Aubrey Powers and interim district superintendent Trisha Dellis are selecting the 15 to 20 people who will be part of the group, and the deadline to apply is Nov. 24.

"The examination of the Padre mascot is underway," Carmel Unified School District Board President and former CHS principal Karl Pallastrini said at the board meeting Wednesday night. "It's a promise we made, and it's one that's going to happen."

With "social justice" protests sweeping the country in the run-up to the presidential election, in June, CHS alumni Noelle Mosolf Smith, Rachel Mosolf and Evynn LeValley circulated an online petition demanding the replacement of the CHS mascot, which has been used since 1940 and is a whimsical version of one of the Spanish padres who established the California Mission system in the late 18th century and opened the door to the massive European settlement of the state that followed.

While they built churches, created towns and spread the Catholic faith, the padres also mistreated the state's indigenous population. Following comments at school board meetings in June and July on both sides, with some saying the mascot "represents the enslavement and genocide of local indigenous peoples and their cultures," and others

defending its traditional place at CHS, the board tasked the school community, headed by Lyons, to decide whether the Padre icon best represents it.

"Given the significance of the times we live in, as well as the close relationship the school has with the Carmel community, I believe it is time to review the role of the mascot with an eye to either clarifying what it means and represents or to make a change to a new mascot," Lyons said.

The group's makeup

The first step in answering that question is putting together the group, half of which will be current CHS students, with 20 percent Carmel High staff, 20 percent alumni from 10 to 30 years ago, and 10 percent "outside academic representation," such as college history faculty.

The application to join the group, which can be found on the Carmel High School website, asks for basic identifying information, as well as "a brief statement regarding your understanding of the purpose of the mascot study group," a description of the person's time and participation at Carmel High, "your understanding of the argument for changing the mascot" as well as understanding of the argument against changing it, and any personal views on the issues of the mascot.

Even though community members with no direct connection to the school will not be included, Lyons said he plans to get "widespread input and allow all sides of the conversation to be able to articulate their views." He also said any findings the group makes and all underlying documentation will be made public.

The study group's tasks will include reviewing historical literature "with the goal of determining the viability of use of the current mascot," particularly, whether it reflects the school's values and mission statement of "creating connected citizens, high-level thinkers and successful individuals," whether it is inclusive of all students and if it is "a unifying mascot."


Members will also conduct focus groups with students and alumni "to gather evidence to match the historical research and allow for all viewpoints to be shared."

While Lyons said all prior communications on the topic will be incorporated as background, he also noted that community members who have written or commented on the issue during past board meetings can resubmit their comments to the study group when appropriate.

Once the group concludes that the Padre is a fitting mascot or should be replaced, the findings will first be shared with district administrators, after which the board will vote on whether to follow the recommendation.


Lyons said any questions about the group or the process should be directed to him.


"I look forward to this process as a way to gain a better understanding of the CHS community and to engage all stakeholders in a meaningful process that highlights the strengths of our school," he said. "It will no doubt be a long process, but one that I feel will reveal much about what makes CHS special."




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Board puts off decision on supe search

By MARY SCHLEY

WITH TWO new people set to join the Carmel Unified School District board of education, and board members Todd Weaver and Annette Yee Steck — who was first elected in 1993 and has served every year since — leaving, trustees voted late Wednesday night to put off any decisions about the search for a permanent superintendent until well after the newly elected officials are sworn in.

“This is the most important hiring decision we make,” Steck said. “I don’t think this is the right time to do this, with two of us leaving and two new members coming in.”

For the last two superintendents — Scott Laurence, who left after a short time due to health issues, and Barb Dill-Varga, who was let go earlier this year — the district used an executive search firm to solicit candidates nationwide. Whether to follow that path again, to focus on local talent or hire internally, or to give interim superintendent Trisha Dellis the permanent posi-

tion will be up to the new board.

“We’ve been elected to make the best decisions that we can,” Steck said.

Weaver said he appreciated being able to appoint Dellis, an experienced superintendent, in the interim, and agreed he didn’t want to hamstring the next board by making any other decisions now.

‘Interim’ stays

Board member Tess Arthur said Dellis’ skills and experience have been overlooked by people critical of the district and its handling of the pandemic.

Arthur proposed removing “interim” from her title until June 2021, because doing so would bring stability — an idea that trustee Sara Hinds also supported — but the board couldn’t act on that because it wasn’t on the agenda.

Ultimately, after further discussing the merits of different ways to conduct a search for a superintendent and Dellis’ strengths in the role, the board decided to table the issue until a future meeting, after the newly installed members are brought up to speed.

Charities seek turkeys for families

PINE CONE STAFF REPORT

THE SALVATION Army and Chris and Sabu Shake are collecting donations to buy turkeys for local families that can’t afford to get their own on Thanksgiving, and the Paper Wing Theatre on Cannery Row is holding its annual turkey drive.

People who want to donate through the Shakes can contribute \$20 per turkey by calling (831) 372-2406 or emailing adminfh@fishhopper.com. Donations are tax deductible. Last year, the Shakes raised \$32,150 to purchase more than 1,606 tur-

keys, helping to feed more than 7,000 people. This year, they hope to collect enough donations to purchase more than 2,000 turkeys.

And at the Paper Wing at 711 Cannery Row Nov. 21-22 between 11 a.m. and 4 p.m., generous community members can drop off turkeys, hams and pantry items. They can also donate to a gofundme.com campaign via paperwing.com or contribute cash through Venmo @PaperWing.

Donations will be collected and delivered next week to ALL-IN Monterey, which will distribute them.

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Congratulations to Mayor Dave Potter and Councilman Bobby Richards who were both reelected and to Judy, Graeme, and Mo for your courage and determination to inform the public of your issues and perspectives. Now it is time to work together to meet the challenges we face, recognize the opportunities that exist, and forge a vibrant, safe and successful future.

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Panetta pushes back on president's plan for Afghanistan troop withdrawal

PINE CONE STAFF REPORT

DEMOCRATIC CONGRESSMAN Jimmy Panetta this week criticized plans by the Trump Administration to severely scale down the number of U.S. troops in Afghanistan and Iraq — troops that have been in those countries for nearly two decades.

Acting Secretary of Defense Christopher Miller Tuesday announced the draw-down of troops to 2,500 in Afghanistan, where there are currently about 4,500, and 2,500 in Iraq, where there are now about 3,000. The reduction would be completed by Jan. 15.

Miller said the move was made with the "full concurrence of military officials in the U.S. Central Command area and at the Pentagon, and that the decision keeps with Trump's promise to get U.S. forces home from the "forever wars."

But Panetta blasted the strategy, saying President Donald Trump is "relying on his politics to dictate policy for our national security."

"As someone who served in Afghanistan, I, of course, want to see our troops brought home," Panetta said in a statement. "However, any decision to do so, must be based on the appropriate conditions on the ground, not chronological timelines to fulfill political promises prior to leaving office."

'In jeopardy'

The congressman said that "current circumstances" indicate that if forces were reduced, the "security of the host nations, surrounding nations" and the United States would be "in jeopardy."

More than 6,900 Americans have been killed in both wars and more than 52,000 have been wounded. Many more Iraqis and Afghans have been killed.

The United States has been in Afghanistan since 2001 and in Iraq since 2003, after President George Bush ordered troops to those countries.

President Barack Obama in 2009 sent 17,000 more troops to Afghanistan to battle al Qaeda insurgents.

Turkey Trot, Trans Am canceled

By MARY SCHLEY

'DUE TO the pandemic and uncertainties of state mandates,' the Trans Am races scheduled for the first weekend in December have been canceled, according to Laguna Seca racetrack officials. Rescheduled from May, the doubleheader was going to mark the end of the Trans Am Series' national championship, but now, the season will end with the races at Road Atlanta Nov. 20-22, instead.

And in a similar vein, the annual Turkey Trot, a local favorite in which walkers, joggers, runners, sprinters and amblers raise money for the Food Bank for Monterey County by taking a lap or more around the track on foot, has also been canceled.

"With the increased cases and mandates, it really isn't prudent to host it," Barry Toepke, director of marketing and PR at WeatherTech Raceway Laguna Seca, said of the Turkey Trot. But he's still encouraging people to support the food bank, especially at a time when so many people are hurting, with donations of cash and non-perishable foods.

On the cancellation of the Trans Am races, given the governor's latest com-

ments advising people not to travel into or out of California, and to quarantine for 14 days if they come from out of state — not to mention guidance on how families can celebrate Thanksgiving — "there is too much uncertainty of what future mandates may be in place at the beginning of December that would limit or prevent the race to happen," Toepke said.

Non-spectator races

Trans Am Race Company President John Clagett said he was disappointed to have to cancel the races, which were to close out Laguna's racing season following successful non-spectator car and motorcycle races held in October.

"We've worked diligently to address all health and safety requirements, but California's new travel restrictions and quarantine requirements made it no longer feasible to hold the event," Clagett said. "But that's just how this year has gone."

However, there is some optimism where next year is concerned. WeatherTech Raceway recently released its 2021 race schedule and is accepting applications from potential participants in the vintage races set for next August.



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Marina mayor agrees to talks with Cal Am over desal

By KELLY NIX

MARINA OFFICIALS, who have fought a no-holds-barred battle to stop Cal Am from building a desal plant near the city, will meet with representatives from the water utility Friday to discuss changes to the water project proposal to make it more palatable to the city, a spokeswoman told The Pine Cone this week.

Cal Am external affairs manager Catherine Stedman said the city responded favorably to the company's request to discuss the new desal plan, which includes offering the city some of the water the plant will produce and the revenue it will generate. Mayor Bruce Delgado and city manager Layne Long are set to meet with Cal Am officials, Stedman said.

"We're hoping for a productive discussion," she told The Pine Cone this week.

Facing heavy criticism from the city and the California Coastal Commission over the desal project — which they said would damage the environment and harm the city's residents without any offsetting benefit — Cal Am in September withdrew its permit application to build the plant. The company announced Nov. 5 that it refiled the application but had included several ways it said Marina could benefit from

the proposal.

Meanwhile, the coastal commission has 30 days to determine whether Cal Am's revised application is complete, agency staffer Tom Luster told The Pine Cone Monday.

"I believe that 30-day deadline is either December 4 or 7," Luster explained. "Cal-Am submitted quite a few documents that we're still reviewing."

'Fundamental issues'

Luster said the agency will likely know after the first week of December if it will need more information from Cal Am.

While they agreed to the meeting, Marina officials have not publicly expressed any interest in striking a deal with Cal Am over the desal plant. In recent written correspondence with Cal Am, Delgado complained about having "yet another" industrial project in Marina, and said the financial benefits to the city would still not change the "fundamental and historical environmental justice" issues that Marina and the coastal commission argue Cal Am's desal plant would exacerbate.

Councilwoman Lisa Berkley told The Pine Cone last week that while a regional water solution could include desalination, she called Cal Am's original proposal "exploitative."

Symphony to stream Nov. 26 concert

PINE CONE STAFF REPORT

IN THE latest twist of what passes for live music in the age of Covid, cellist Isaac Pastor-Chermak will livestream a Thanksgiving Day concert from Winfield Gallery. The performance starts at 1 p.m.

Besides being in the Monterey Symphony, Pastor-Chermak is part of the Black Cedar Trio, which brings together a rare mix of instruments, making it possibly

the only flute-cello-guitar ensemble in the country.

Pastor-Chermak will play Johann Sebastian Bach's Suite No. 3 for Solo Cello, BWV 1009, Jean Sibelius' Theme and Variations for Solo Cello, and György Ligeti's Sonata for Solo Cello.

The free recital is the latest in the symphony's Balcony Sessions series.

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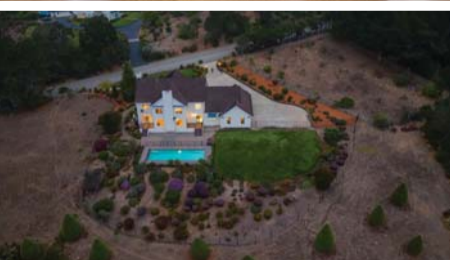
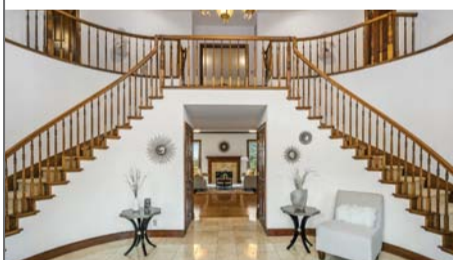
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RIVER

From page 1A

in the current water year which runs from Oct. 1 to Sept. 30, 2021. As recently as 1990, more than 18,000 acre-feet of water were taken from the river each year for domestic consumption.

Cal Am external affairs manager Catherine Stedman said that Cal Am had already planned on the latest reduction, and it should be able to meet demand for its roughly 40,000 customers.

"It's a matter of managing our supplies as efficiently as we can," Stedman told The Pine Cone Wednesday. "Assuming there is no major increase in demand this year, then we should be OK."

Progress hampered

In order to comply with the state water board's cutback order and meet customer demand, Cal Am President Rich Svindland said the company will continue to rely on water conservation, the existing moratorium on new water permits, and other means to stay within its limits.

"Cal Am is optimistic that the Monterey Peninsula's water demands can be met without additional rationing," Svindland said in an Oct. 21 letter to Sobek.

Missing the state water board milestone was beyond Cal Am's control, the company says. While it had been on track to get the desal plant built, progress was hampered by a series of events that started in October 2019, including the coastal commission's recommendation that the desal plant be denied.

"Cal Am has done everything within its control to develop and permit" the desal project "with the goal of eliminating unauthorized diversions from the Carmel River and satisfying the state water board's cutback order," Svindland said.

In August, the coastal commission recommended for a second time that the project be denied, leading Cal Am to withdraw its application before refile it last week.

Cal Am also partially blames the Monterey Peninsula Water Management District — an early proponent of desal — for missing the milestone.

The water district, Svindland said, has

See CUTBACKS next page



PHOTO/MONTEREY ONE WATER

This aerial photo shows the Pure Water Monterey reclamation treatment facility north of the City of Marina. The project provides a supplemental water supply to Monterey Peninsula customers.



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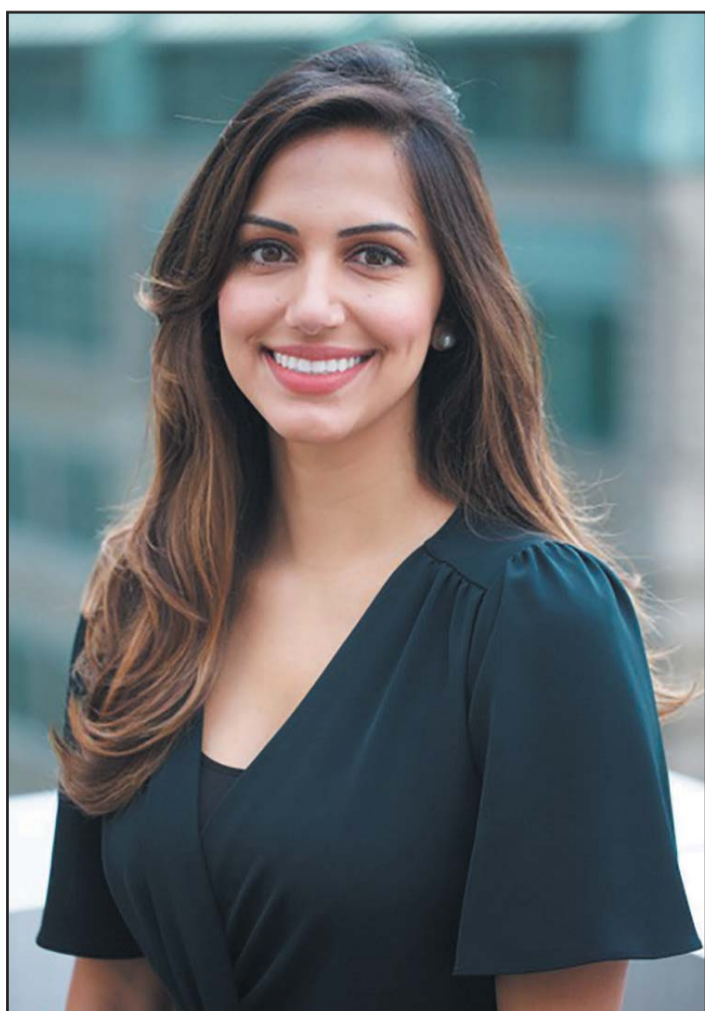
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From previous page

become “a staunch opponent” of the desal project, “reversing its position despite being a party to multiple settlement agreements concerning” desal.

He also claimed the water district “undermined and delayed” the coastal commission’s review and consideration of a permit for its desal proposal by promoting a “misleading water supply and demand analysis that was specifically rejected by the California Public Utilities Commission, submitting a deliberately manipulated consultant’s memorandum to make it appear to support the water district’s analysis, and arguing instead for its own alternative water supply project” — an expansion of Pure Water Monterey.

The California Public Utilities Commission approved Cal Am’s desal plant in September 2018.

Cal Am maintains the project is the only one that will comply with the state water board’s cutback order and provide a drought-free water supply for the Peninsula. Opponents contend reclamation would be enough to satisfy the Peninsula’s needs.

The water district is playing a “very short-sighted and dangerous game with the Monterey Peninsula’s water and resources,” Svindland said. “Rather than protecting and enhancing the region’s water sup-

plies and resources, as it is charged to do, MPWMD’s actions appear to be designed to defeat the desal plant at all cost.”

In response to some of Cal Am’s statements in its correspondence with the state water board, water district general manager Dave Stoldt said Cal Am “continues to repeat tired and debunked statements.”

The company has “never demonstrated or proven any weaknesses to the water district’s supply and demand study,” Stoldt told The Pine Cone.

Regardless of fault

In a letter Tuesday to Svindland and Cal Am director of operations Chris Cook, Sobek said that while she “appreciated Cal Am’s progress and efforts to develop a permanent water supply,” a 1,000-acre-foot reduction is an “appropriate” consequence of missing the milestone, “regardless of control or fault.”

While the state water board could decide not to impose the penalty if it found Cal Am missed the milestone because of factors beyond its control, the company opted not to request a hearing on the matter. Stedman explained why.

“We felt we could get through this year” with the 1,000 acre-foot reduction, “and that it was better to wait to ask the state water board for such a consideration when we really need it,” she said.

Fernwood, CUSD in water talks

PINE CONE SATFF REPORT

AFTER BUYING a piece of property near Captain Cooper School in Big Sur to build employee housing, Fernwood Resort is in talks with the Carmel Unified School District about teaming up on a water system.

The CUSD board voted unanimously Nov. 18 to approve an agreement with the resort to explore the idea of creating a community water system.

School district official Dan Paul said that the deal could benefit the school be-

cause the costs of operating and maintaining a water system would be shared. He also noted the school would get a backup well, along with increased water storage for daily use and fire suppression.

Paul said the Fernwood housing project would be made up “pre-fab tiny houses.” He estimated that “maybe 20” people would live there. He said some housing might be available for the school.

State law requires that Fernwood attempt to “consolidate with neighboring water systems” before constructing its own well.

To view an amazing video of this property, go to www.DramaticMontereyBayViews.com

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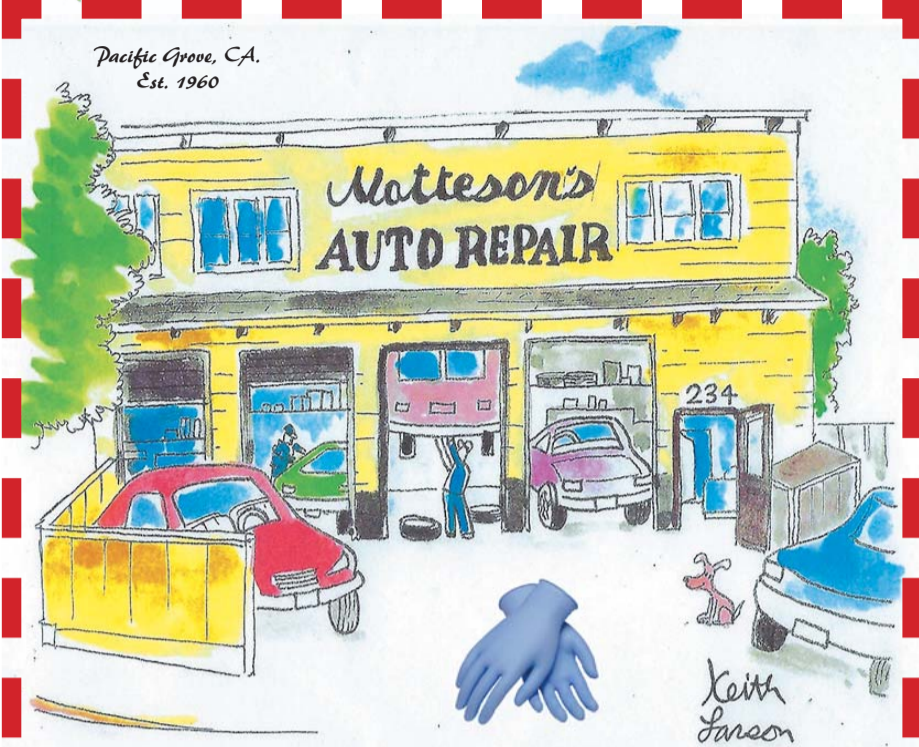
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Lee Fazekas

8/23/1948 - 11/13/2020

Lee was a blessing to all who knew her. She was born August 23rd, 1948, in Suncheon, Chonnam, Korea. At the age of 72, Lee passed peacefully sleeping with no known etiology in her place of business: Carmel Alterations & Tailoring. Lee was a resident of Monterey County since 1983 and a Carmel-by-the-Sea resident since the summer of 1992. Lee's adult adventure in life after high school started with buying and selling gold while learning and mastering all the things that "Only men did in the '60s": perfecting martial arts, riding on 2 wheels, openly playing the guitar and singing with a beautiful voice in public places while never taking "NO" for an answer. For those who knew her, you knew the last part stayed true to the end. Lee was passionate about her traditional Korean cooking. Filet mignon and organic veggies were always staples for her dishes. Her kimchi was second to none! Lee balanced her physical prowess with the pursuit of truth through the sciences in the eastern medicinal arts. She learned and kept with the tradition of holistic healing with medicinal herbs and treatment modalities that are now popular in the western world today such as burning sage herb while applying cupping and acupressure. Her healing teas she brewed at home for friends and family were always something that would raise our spirits. In Korea, she met the man she would know to love the remainder of her life. She dated Alex S. Fazekas for 4 years before marrying him on April 9, 1980. They produced a child the following year. She is survived by one son, Ivan L. Fazekas. As a military spouse, she started what would be her lifelong profession at the uniform dry cleaning and alteration shop inside the former army installation known as Fort Ord. After seven years, she divorced yet never sought physical companionship and devoted all of her time and energy to her only child. She stated to her son that Alex was the only man she loved in her life and instead thrust herself headlong into Christianity. She was devoutly Christian and served Jehovah God as one of the Jehovah witnesses in Carmel, Pacific Grove and Korean Marina Congregation. She raised her son based on biblical principles and practiced every aspect of Moses and Jesus' teachings to produce a fine offspring to the best of her abilities. In 2001 she opened Carmel Alterations on Monte Verde & 7th. With the help of former and most beloved senator, Fred Farr; she was able to establish a clientele base for an entire year without Farr collecting any rent. The following year, Lee became a tenant of Su Vecino Courtyard on Dolores between 5th & 6th. She remained successful and highly in demand with her large clientele until her passing - more than 2 decades. Her skills as a seamstress were beyond science. Many would say "she's magic" and she is the "Doctor" of fabric. Lee can fix anything! But to her it was simply what she loved doing. With a giggly smile, she would often ask: "Can you understand my English?" Friends would laugh with her, knowing they understood every single word. Her radiant smile would welcome you as you entered the courtyard if she was there.

Online condolences can be made at www.altavistamortuary.com

In lieu of flowers, a Go Fund Me account has been established in honor of Lee for her son, Ivan Fazekas. Donations can also be made to the Kindom Hall of Jehovah Witnesses in Marina, Ca. Due to Covid restrictions, a Zoom service will be available for all to be a part of through her congregation.

Please check back to www.altavistamortuary.com for details.



BREAD

From page 1A

home to sell fresh bread from a table where the Jo Mora statue of St. Junipero Serra used to be. Sometimes he brings out his banana bread, as well.

Open for business at 11 a.m., Albiol typically sells out by 11:20. "The chef's hat and coat were a semi-joke and semi-serious gift from my family," Albiol said. "I'd only worn them to a party but decided they might help legitimize my business when I'm out in public, selling bread."

Albiol's rapid sales and his strict adherence to pandemic protocols for safe and sanitary baking let customers know he meant business, and once his parents realized this was more than a neighborhood bake sale, they helped their son secure a business permit and food-safety certification for Markodude baked goods.

Mark Albiol was just 6 years old when he started hanging out in his mother's kitchen, watching her work and then testing recipes and experimenting on his own. He was about 8 when he decided to bake something for the family's Sunday afternoon tea, remembered his uncle, Kjeld Aamodt.

"The first time Mark wanted to bake, we said, 'Oh, no, Mark that's OK,'" Aamodt recalled. "I think he made a Pavlova meringue, and it was amazing."

'Astounding'

What Aamodt and the rest of the family remember most is the "astounding" beef Wellington Albiol made for his family when he was 11.

"Mark wanted to make beef Wellington for Christmas dinner," said his mom, Trish Albiol. "But that requires an \$80 chunk of meat, so we really wanted it to turn out right. Finally, we said, 'Let's go for it,' and it was absolutely perfect, with tender meat and an amazing flaky crust."

At 10, Albiol started baking cakes and selling them to kids at school. Eventually, he took his business off campus and added fresh baguettes to his offerings. He often gives the bread to friends on their birthdays.

"I'd say I've baked about 120 cakes by now," Albiol admitted. "My favorite kind of cake is red velvet."

Albiol had been baking bread for about a year for family and friends when someone suggested he sell it. During the Covid quarantine, it seemed like a good way to connect with the community from a distance while providing the feel-good product of freshly baked bread.

A few weeks ago, a woman stopped at Albiol's table, looked at his breads, and asked if he could teach her how to make pan dulce (a sweet bread popular in Mexico and Central America).

"The secret to pan dulce," said Albiol, "is in the kneading. I showed her how to do it, and it came out really good. You have to develop the gluten until it's a certain consistency. If you overwork it, it gets gummy, and if you underwork it, it becomes flaky and crumbly. Neither is what you want for pan dulce. It's all in the feel."

Albiol loves to explore in the kitchen, working intuitively, his mother says, as he bakes. Sometimes he uses recipes as a reference point but then develops the product as his own.

"Mark is a super-cool dude, who's brought back the old days of lemonade stands and bake sales in a time when we need it," his uncle said. "As he gets older, I don't know if this will become a career or simply a passion. But I do know he's squirreling away his proceeds into his college savings fund."

At 14, Albiol isn't sure where his path will lead him, either. He's thinking about pursuing electrical engineering. But first, he's got a lot of bread to bake.

"We all want to make the best out of the worst time," said Aamodt. "And Mark is doing that."



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SLAPPED

From page 1A

Public works director Bob Harary explained at the Nov. 12 hearing that the trouble began after the city sought bids from its five tree contractors to remove a pine on Monterey southeast of First that was marked with a pink "X" on the side. Ley's bid was for the wrong tree, but nobody realized it because, although the wrong tree had no "X," both were pines with health problems and had power lines nearby. Because Ley's bid was the lowest of three submitted, he was given the job.

It wasn't until the tree was in the process of being removed Oct. 2 that a passerby noticed the contractor was cutting down an unmarked tree and notified the city for-ester.

Dismay and anger

That passerby, David Refuerzo, and others expressed dismay and anger at the mistake and complained about it to a number of public officials, as well as during the forest and beach commission's Oct. 8 meeting. At that meeting, Ley apologized for the error, saying he had not taken the paperwork identifying the proper tree with him into the field and that he had made an incorrect assumption about which pine was supposed to be cut.

Since that meeting, Ley hired arborist Frank Ono to prepare a report on the condition of the pine that was cut by mistake, based on the stump and Google images from when the tree was still alive.

Unintentional

Ono concluded that the tree had been in poor health due to being topped at one point and noted that "limbs have grown out and become overextended toward the structures beneath them," and poor pruning further damaged the pine. "The tree was problematic structurally," he said. "Erratic limb growth from topping and the problematic base of the tree create liability for the city. Because the tree was a standing liability, it is reasonable to assume the tree as a good candidate for abatement."

Harary noted that the removal of the wrong tree was nothing like recent cases in which property owners have done construction with "reckless disregard" for the trees on their properties and damaged or killed them as a result. "This was an honest mistake," he said.

Rather than terminating or suspending Ley from the city's list of regular tree contractors, Harary suggested accepting Ley's apology and his offer to correct the mistake and to plant replacement trees. He suggested sending a warning letter to Ley, too, admonishing him to never make the same error again.

"Going forward, one thing we're go-

ing to be doing is making sure contractors know which tree they're quoting," Harary said.

Ley said he has already removed the correct tree and could cultivate a small pine sapling growing at the base of the wrong tree.

He will also remove a large piece of the trunk that's still standing, but that might take a while, since PG&E has lines attached to it.

"I reiterate my apology," he said. "I have no excuse for what I did, but I'd like to make as many amends as I can."

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KENNETH PATRICK BAILEY

1951-2020

Ken Bailey, also lovingly known as Kenny B and Pops, was born in Torrance California on February 24, 1951, to Albert and Patricia Bailey.

Ken grew up in Redondo Beach and graduated from Mira Costa High School in 1969. He was stationed in Alameda while serving in the Coast Guard. He lived in Grass Valley for a while and then moved to the Monterey Peninsula in 1980 and while there fell in love and married Susan Maynard Harris on May 5, 1984.

Ken coached both his children for Carmel Youth Baseball, and was the Floriculture Superintendent at the Monterey County Fair. He loved to camp and fish at Shaver Lake where he spent many happy summers with his family.

In 2004 he and Susan moved to Twain Harte, CA where he spent the first few years pursuing his love of painting. Ken spent much of his time outdoors cherishing all living things which was reflected in his paintings of landscapes, birds and flowers. He loved working in his yard and just being outdoors in natural settings. He participated in Sonora Art Trails in 2005 and 2006.

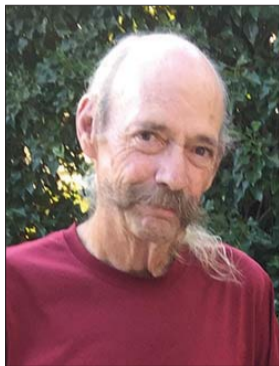
Ken was always ready to enjoy a good joke and his eyes would light up with the pure joy of life! Ken was a quiet man who loved people, his pets, good food, music, and was devoted to family and his friends with an unshakable loyalty.

During his life he created two successful businesses: Any Habitat Landscaping on the Monterey Peninsula and Starving Artist Landscaping in Twain Harte. His many clients included those who also loved nature and he also worked for several local realtors and property managers.

Ken was preceded in death by his parents, sister Kelly, brother Kevin (Tick) Bailey. He is survived by his wife Susan, his children Danielle and Ryan, grandchildren Chloe Brunier, Aumi and Livy Bailey, his sister Kathie Maus and extended family.

Ken's life will be celebrated at the Bailey residence in Twain Harte December 5 from 1-4, weather permitting.

Please RSVP to acornartkp@gmail.com, as parking is limited. Donations may be made to the Humane Society of Tuolumne County or your local animal shelter.



VACCINE

From page 1A

ical conditions and others at risk of serious illness from coronavirus infection. The Food and Drug Administration has yet to approve vaccines developed by pharmaceutical manufacturers Pfizer and Moderna.

“The county and the state continue to survey our health-care providers and organizations to find out how many people fall into particular groups” so they can identify

Jimmie Wayne Wylie

October 4, 1946 – September 27, 2020

Jimmie Wayne Wylie died peacefully at home in Portland, OR one week before his 74th birthday from Bulbar ALS or Lou Gehrig's disease. He was born on October 4th, 1946 in Dennison, TX. He was raised in a military family, spending much of his childhood abroad, before settling in Portland,



OR where he went to high school.

He served for 4 years in the Navy during Vietnam before returning stateside and starting work at IBM. From 1991 until retirement, he worked at Language Line Services in Monterey. He was a tinkerer & tech-guy who loved

nature and new technologies for alternative energy and sustainability. He was one of the first to put solar panels on the house in the Carmel neighborhood where he and former wife Joanne Noto raised their daughters.

Several years ago, Jimmie moved to Oregon with his wife Anna Martin. This past summer his daughters Ariana & Rachel traveled from CA & VT to spend time with him. While they were there, his health took a turn for the worse and his daughters and wife supported each other in his care. The last few months of his life were challenging for those who took care of him, but they were also filled with sweetness, love, laughter, and many special moments.

Donations in his honor can be made to the ALS Association.

who will receive the vaccine first, Moreno told the county board of supervisors Tuesday afternoon.

The U.S. Centers for Disease Control said the vaccine would probably be distributed in phases. For example, in Phase 1, when vaccine supplies may be limited, it would be given to certain vulnerable populations. As the vaccine supply increased, Phase 2 would ensure “equitable access,” to a broader population, while a “sufficient supply” of the vaccine is assumed in Phase 3, where supply could even exceed demand.

Moreno didn't specify how many doses the county could get initially, but said “we won't have large supplies at the beginning,” and that distribution would “expand to other populations and other groups after more vaccine becomes available.”

Cold storage

The county, Moreno said, is also “developing protocols to be able to accept, store, transport and administer the vaccine,” which they have been told will need to be refrigerated or kept frozen until it's about to be administered.

The Pfizer vaccine requires a colder environment than the Moderna version, and the health department, county hospitals and even local pharmacies are making sure they're equipped to properly store and transport both types. The Moderna version, Moreno explained, can be stored in “standard vaccine refrigeration” and freezers that many health clinics and hospitals already have. The Pfizer version can also be stored with dry ice.

Community Hospital of the Monterey Peninsula medical director of infection prevention, Dr. Martha Blum, said the hospital has the “ultra-low-temperature freezers required to properly store the Pfizer vaccine until we can rapidly deliver the vaccine to as many people as possible.”

She added that Community Hospital has a team of

Continues next page



Caroline Brearley June

1925 • 2020

Caroline Brearley June, 95, of Pacific Grove, CA passed away on November 8, 2020, at her daughter's home in Carmel Valley.

Caroline was born in Lawrence, Massachusetts to Arthur and Mary Bush on November 1, 1925. From Lawrence the family moved to Worcester, MA where Caroline grew up. Following high school graduation Caroline attended and graduated from Forsyth School of Dental Hygiene (now the Forsyth Institute) in Cambridge, MA. She worked as a dental hygienist for a number of years in the private sector, as well as in the Head Start program. She completed her career managing the gift shop at the University of Massachusetts Medical Center in Worcester, MA.

Caroline married Franklin Spencer June on October 15, 1949 in Worcester, MA where they lived until a move to Pacific Grove, CA in 2014.

Throughout her life Caroline volunteered for many organizations both in Worcester and Pacific Grove. Most notable of her volunteer jobs were eight years at Rachel's Table in Worcester, where she picked up and delivered leftover food to countless shelters and rehab centers, and at Spirals Consignment and Benefit store where she volunteered until age 94.

Caroline is preceded in death by her husband Franklin, her sister and brother-in-law Connie and Leonard Trost, and brothers-in-law Steve and Tom.

Caroline is survived by daughter Jacki Horton, son Toby (wife Beth), grandchildren Trey June, Linsy June, and Kelsey Horton.

A private service was held at her passing. A memorial/remembrance gathering will be held at a time to be determined in the future.

In lieu of flowers, any donations may be made to the Greater Worcester Foundation's Civic Leadership Fund, or the Alliance on Aging.

John Miles Flynn

1919 ♦ 2020

John Miles Flynn was 101 years young when he died peacefully at home with his wife and daughter praying at his side. He was born in Roosevelt, Minnesota on October 20, 1919 to Mary and Patrick Flynn. He graduated from Hibbing High School in 1938. He attended Junior College and sold Fuller Brushes in the summer. On the job, one day, he met Ruth McDonald and was smitten. They were married on February 17, 1941, in Bovey, MN. It was 50+ below zero the day they started their life's journey together. Promoted to unit manager for Fuller Brush, they moved to Fergus Falls, MN where their first child, a daughter, was born in 1942.

In 1943 John joined the Navy. He was assigned aboard the USS Ownes (DD-536) in the South Pacific. He served at the US Naval Air Station in Minneapolis, MN and was discharged in 1945. They moved to Eugene OR, where he attended the University of Oregon on the GI Bill. Then John went USC and earned his MBA in Education. They had two sons: Michael John in 1949 and John Robert in 1950. John was offered a teaching position at City College in Santa Barbara, CA where he and another colleague opened the Business Department in 1951. John taught at Cal Poly and worked with the State Department as a Coordinator of Business Education. John was founder of Trans World Accounts.



To celebrate their 50th wedding anniversary, John and Ruth moved to Carmel, CA. in 1991. John's triple bypass in 1993 did not slow him down one bit. In 2002 the Herald printed an article entitled “Retired instructor keeps teaching. Flynn finds rewarding work as educational adviser.” John was 82 and bored. He became an independent adviser for The College Network Inc. With TCN John evaluated people's education records to determine what courses they needed to obtain their college degrees. In 2008 another article in the Herald: “Helping hand for nurses” — Carmel man has idea to raise money for schooling.” John initiated the “Earn” Clubs for helping LVN nurses to get funds to pursue their RN/BSN degrees. In 2011 John and Ruth celebrated a Double Jubilee: their 70th wedding anniversary with their daughter, Sr. Teresita's 50th jubilee as a Carmelite Nun in Carmel, CA.

John loved life, boating, skiing, camping, four RV trips to Alaska and was a terrific dancer. John had great initiative, enthusiasm and optimism. He belonged to the Knights of Columbus, was an extraordinary Eucharistic Minister, was a member of the Serra Club, the Elks and Moose Lodges. John was preceded in death by his parents, sister and four brothers. He is survived by Ruth, his wife of 79 years, his daughter, Sr. Teresita and sons Michael and John Robert (Diane) Flynn. Due to the Covid19 there will be a private Mass at the Carmelite Monastery for the immediate family.

Everybody reads The Pine Cone

From previous page

employees from infection prevention, pharmacy, human resources, security, IT, marketing and other departments working toward the vaccine preparation effort.

“We expect to have a finely detailed vaccine distribution plan in place and ready to be implemented as soon as those first vaccine vials arrive,” Blum told The Pine Cone Wednesday.

‘Celebrate virtually’

The vaccine can’t come too soon, as coronavirus cases surge not only in Monterey County, but statewide. Three weeks ago, the county seemed to be on the brink of being able to move from the most restrictive Purple Tier to the less restrictive Red Tier. But a spike in cases that began at the end of October ruined any chance of that.

Sunday, the county reported 265 new cases — the second-highest daily toll ever. On Thursday, an additional 130 cases were reported. Hospitalizations are also rising, and

Benny Enea, Jr.

1940 ❖ 2020

Benny Enea, Jr., 80, of Carmel, peacefully passed away unexpectedly at Community Hospital of The Monterey Peninsula on Friday, November 6, 2020.

Benny was fortunate to have family members and friends by his side before passing away. He was born November 1, 1940, in Monterey, CA, the son of Benny and Mary Enea. In addition to his parents, Benny was preceded in death by his sisters, Mary Enea James, and Rose Enea Ventimiglia, along with his brother, Salvatore Enea. He is survived by his brother, Tom Enea (Gail). He is survived by his children Lisa Lamb and Michael Carey, and four grandchildren. Benny leaves behind numerous nieces, nephews, and many family members.



Benny graduated from Monterey High School where he had letters in football and baseball. He graduated from Monterey Peninsula College where he played on the Lobos football and baseball teams. He attended and played football at the University of New Mexico, in Albuquerque. Benny transferred to, and graduated from San Francisco State University where he played football. He was inducted into the Football Hall of Fame at San Francisco State University.

Benny coached high school football in San Jose. Later, he went into partnership in The La Cantina Bar with his two brothers for several years. After selling the La Cantina, Benny and his brother, Tom bought Sade’s on Ocean Avenue in Carmel. Benny later became part owner of Club Jalapeño in Carmel for several years. Never completely retiring, he enjoyed investing in businesses and real estate.

Benny had a passion for most all sports, especially golf. Earlier in his life, he traveled extensively. He also found great joy in cooking.

Benny leaves behind a legacy of a loving and devoted family, as well as a multitude of wonderful and caring friends. He was blessed to have Maurya Shaw in his life, his loving and caring partner. Benny will be missed forever and always.

Those who wish to remember Benny in a special way may make gifts to the Carmelite Monastery, (Carmelite Sisters Monastery), 27601 CA-HWY 1, Carmel, California, 93923.



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there have now been 111 “coronavirus-related” fatalities.

Moreno called the increase in cases a “serious situation” and said the availability of hospital beds in the county has decreased, though ICU bed availability is “stable.”

On Tuesday, Gov. Gavin Newsom announced he put 39 of the state’s 58 counties into the Purple Tier after what he called an “unprecedented” surge in cases in the state over the last 10 days. The move didn’t change Monterey

County’s tier status.

Moving into Thanksgiving next week, Moreno said county residents should follow the state’s guidelines on holiday gatherings: covid19.ca.gov/holidays.

He also suggested abandoning Thanksgiving with those who don’t live in the same household.

“If people can celebrate virtually, then that would be the safest thing to do,” Moreno said.

Richard Anthony Pirotte

1928 — 2020

Richard Anthony Pirotte was born in Downs, Kansas on August 23, 1928, and died on November 15, 2020, at the age of 92. He attended St. Benedict’s College in Atchison, Kansas, and Creighton University in Omaha, Nebraska, and was graduated from the Creighton University Medical School in 1953. Dr. Pirotte served his internship and residency at Queen of Angels Hospital in Los Angeles, California. Following this, he served two years as a lieutenant in the U.S. Navy Medical Corps at the Navy hospital in Yokosuka, Japan.

Following his service in the Navy, Dr. Pirotte practiced general medicine in Omaha, Nebraska for twelve years. While in practice there, he served on the Board of Directors of the Omaha-Douglas County Medical Society and served a term as President of the Medical Staff of Archbishop Bergin Mercy Hospital.

In 1969 Dr. Pirotte moved with his family to Carmel and set up his Family Medicine practice in Monterey where he practiced until 1992. During that time, he was on the Medical Staff of the Community Hospital of the Monterey Peninsula and served two years as Chief of the Medical Staff and as such on the hospital’s Board of Trustees. Following his retirement from private practice he served as Medical Director of CHOMP until June 1998.

Dr. Pirotte served on the Boards of Directors of the Hospice Foundation and of the Carmel Foundation. He was an avid gardener with special interest in orchids and bonsai. He served as a docent at the Carmel Mission Basilica where he was a long-time member of the parish. He was a long-time member of the Pacheco Club and served as its president in 1987.

Dr. Pirotte is survived by his wife of 66 years, Mary Ann Foxley Pirotte; two children Anne Pirotte Wallner (Christopher) of Petaluma, California, and John Richard Pirotte of Monterey; and grandchildren Katy Wallner and Matt Wallner. He is also survived by his sister Mary Patricia Fritschen of Colorado. The family is grateful for the care provided by Lusi, Everest and Cheryl and the wonderful staff at Westland House.

It is suggested that donations in Dr. Pirotte’s memory be made to the Community Hospital of the Monterey Peninsula (Montage Health Foundation).



SAMUEL URCIS

Samuel Urcis showed his science acumen at age twelve, when he diagnosed his father’s friend’s flesh wound by viewing skin cells under a microscope. In Cuba, where his Jewish father and mother had fled from the just turned Communist Soviet Union, Sam skipped several grades while his parents waited three decades to get a visa to the U.S.

In 1951, a winning lottery ticket allowed the family to finally immigrate to California. Then sixteen, Sam’s dreams of being a neurosurgeon were dashed, being unable to afford eight more years of school. But with a lifelong resilience, Sam quickly switched his focus to mechanical engineering, with its emphasis on math, accommodating his then limited English. Washing test tubes at night at Children’s Hospital and doing a stint as a movie extra on weekends, Sam put himself through college, graduating from UCLA as editor of the Engineering School newspaper.

The space program had just begun and Sam jumped right in, becoming a project manager just two weeks after beginning employment at Ryan Aerolab. He oversaw an unmanned missile project built for NASA, the first launched from the Pacific Coast and containing the first living organisms ever sent so far into space by the United States. Its success led to many other management posts, including at Hughes Aircraft and Rockwell International. During these years Sam developed a taste for fine wine and good food, becoming quite knowledgeable about buying wine futures. He always generously shared his bottles with friends.

In 1972, Sam conceived the idea of transferring some of the new space technology he was involved in to oil exploration. He co-founded Geosource, an oil services and equipment company, which became a Fortune 500 company eight years later. Sam’s management style, to lead by example, was subtle but effective — when he wanted the other executives under him to curtail their high travel costs, he merely booked himself into a coach seat on a flight where they were flying first class. He was seen by them and the result was exactly what he’d hoped for.

Years of non-stop international travel negotiating deals and overseeing operations made Sam yearn for a quieter time and place. When the CEO of Geosource, Patrick Loughnane, died and Sam was asked to step into his shoes, he opted instead to leave the industry and retire to Carmel, California, where he’d honeymooned with his first wife. There, Sam became friends with Wally Davis, one of the founders of Silicon Valley. Together, they formed a new venture capital firm.

Alpha Partners began in 1982 with two other executives joining them shortly thereafter. The focus of the firm was seed financing for start-up companies. Alpha Partners eventually provided seed and later-stage financing for more than 45 technology companies. During several years in venture capital, Sam also served as a trustee of the Monterey Institute of International Studies.

After all the general partners retired from Alpha, Sam partnered with Castle Harlan, Inc., an original investor in Geosource, to consult in the energy sector. Despite all these accomplishments, Sam is remembered mostly for his sweet nature and humble disposition. His thoughtfulness and generosity touched everyone in his life. “He never said a bad word about anyone” his good friend Ben remembers. Eventually, Sam retired, enjoying a life of travel, the arts and philanthropy with his second wife, Marion Zola, a writer. They split their time between Carmel and Beverly Hills, where Sam died from Parkinson’s’ at home November 11th with his wife and dog by his side. He is survived by his brother, Ruben, his two sisters, Julie and Berta, and numerous nephews and nieces. Contributions should be sent to either the Parkinsons Foundation or the Michael J. Fox Foundation.



AT&T

From page 1A

ing fans that general admission tickets can't be sold while the state's ban on spectators at sporting events remains in place, but that a final decision will be made closer to the date.

"We have been working closely with the PGA Tour as well as local officials to determine what our event will look like in February," the notice reads. "When we get closer to the event and can better assess the Covid-19 status of Monterey County, we will be able to make a final determination on making general admission tickets available to the public."

While folks probably won't be able to watch in person, they'll certainly be able to take in the action — and the beautiful Pebble Beach, Spyglass Hill and Monterey Peninsula Country Club courses and broader Peninsula scenery — on TV, a fact sponsors are surely counting on.

"It is more important than ever for the Monterey Peninsula Foundation to try to positively impact our community," Varney said. "We are extremely grateful to AT&T and many other longtime sponsors who support our mission. Many remain committed through 2021, despite the uncertainty and knowing the tournament will look much different than it has in the past."

Perhaps even more touching is the fact fans have "reached out offering to make a donation to the foundation since they will likely not be able to buy a ticket and attend the tournament in person," she said.

"Every day, we remain amazed and appreciative of the community that has supported us for so long."



PHOTO/PINE CONE FILE

Bill Murray and his pants tee off during the 2017 AT&T Pebble Beach Pro-Am.

REOPEN

From page 1A

er the state will OK CUSD's request to reopen its elementary schools. But, Dellis said, "Our application was complete and thorough, and he found our paperwork to be in line with what we needed."

She praised all of the people working in the district to develop and implement the exhaustive coronavirus safety plan that's a critical element of the waiver. "It's extremely analytic," she said. "We worked with some forensic scientists who helped us with that."

A 'different feel'

The plan demonstrates to the community and staff how seriously the district takes the virus, she said, which will help produce a favorable result.

"We will keep you up to date," Dellis said. "As soon as we hear from the state, we will put that information out."

Board President Karl Pallastrini said CUSD is the only

large district in the county that has applied for the waiver.

"I think that's noteworthy," he said. "We checked all of the boxes. I don't want to undersell the efforts that went into doing that."

Dellis also said she's been excited to see the small groups of students at the district's schools, including children with special needs, English language learners, children of faculty and staff, and CHS kids who've started their athletic training.

"It's a very different feel," she said. "But they are there."

One concern is that, even with the small number of students on campus, some of them have been coming to school when they don't feel well.

Lisa Brazil, a representative of one of the district's unions, noted that employees are working on campus every day and are excited to be interacting with the kids and seeing them — but not when they are ill.

"We do have one request of the community," she said at the Nov. 18 meeting. "This last week, we had a number of students come to school sick, and in this environment, that is quite frightening for our staff. So please, if your child is showing symptoms of a cold, keep them home."

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PUBLIC NOTICES

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20202023

Filing type: ORIGINAL FILING.
The following person(s) is(are) doing business as:

1. URBAN TRAPPING WILDLIFE CONTROL
2. URBAN TRAPPER WILDLIFE CONTROL

20241 Portola Dr., Salinas, CA 93908.
Mailing address: 306 Mulheim Rd., Seaside, CA 93955.

County of Principal Place of Business: MONTEREY.

Registered Owner(s):

DANIEL JACOB BURTON, 306 Mulheim Rd., Seaside, CA 93955.

This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

S/Daniel Burton

Oct. 12, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

This statement was filed with the County Clerk of Monterey County on Nov. 4, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

Publication dates: Nov. 20, 27, Dec. 4, 11, 2020. (PC1116)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20202049

Filing type: ORIGINAL FILING.
The following person(s) is(are) doing business as:

1. MARITA'S SALES RACK,
- 549 1/2 Lighthouse Ave., Pacific Grove, CA 93950.

Mailing address: 551 Lighthouse Ave., Pacific Grove, CA 93950.

County of Principal Place of Business: MONTEREY.

Registered Owner(s):

MARITA I. JOHNSON, 299 Park Cir., Marina, CA 93933.

This business is conducted by an individual.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

S/Marita I. Johnson

Nov. 2, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code the registrant knows to be false is guilty of a misdemeanor

punishable by a fine not to exceed one thousand dollars (\$1,000). I am also aware that all information on this statement becomes public record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

This statement was filed with the County Clerk of Monterey County on Nov. 9, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

Publication dates: Nov. 20, 27, Dec. 4, 11, 2020. (PC1117)

FICTITIOUS BUSINESS NAME STATEMENT

File No. 20202108

Filing type: ORIGINAL FILING.
The following person(s) is(are) doing business as:

1. THE GRILL AT POINT PINOS
2. GRILL AT POINT PINOS

79 Asilomar Dr., Pacific Grove, CA 93950.

Mailing address: 863 Pine Ave., Pacific Grove, CA 93950.

County of Principal Place of Business: Monterey County.

Name of Corporation or as shown in the Articles of Inc./Org./Reg.: LA CREME HOSPITALITY, INC., 863 Pine Ave., Pacific Grove, CA 93950.

State of Inc./Org./Reg.: CA

This business is conducted by a corporation.

The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

S/Tamie Maceves, CEO

Date: Nov. 17, 2020

BY SIGNING, I DECLARE THAT ALL INFORMATION IN THIS STATEMENT IS TRUE AND CORRECT. A registrant who declares as true information, which he or she knows to be false, is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000) (B&P Code 17913). I am also aware that all information on this statement becomes Public Record upon filing pursuant to the California Public Records Act (Government Code Sections 6250-6277).

This statement was filed with the County Clerk of Monterey County on Nov. 17, 2020.

NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (See Section 14411 et seq., Business and Professions Code).

Publication dates: Nov. 20, 27, Dec. 4, 11, 2020. (PC1118)



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Coach Buzz Rainer taught students about sports — and literature

IN THE fall of 2004, Karl Pallastrini, principal of Carmel High at the time, brought back a retired coach to speak to the football team before the Padres played Pacific Grove for the Mission Trail Athletic League championship.

Frederic “Buzz” Rainer was 72, just a relic to many of the players that day, but, as Pallastrini expected, he looked 10 feet tall by the time he was finished.

“At first the kids were thinking, ‘OK, who’s this old guy?’” remembered the retired administrator. “But when Buzz got finished talking about what it takes to win — a talk that had nothing to do with Xs and Os — it was pretty quiet in that room. He was spellbinding, and those kids realized that there’s a lot more to the game than just understanding the plays.”

Rainer, who died at 2007, taught from 1955 to 1988 at Carmel High, where he also coached JV football, varsity track and basketball, and guided Carmel to its first two Central Coast Section golf championships.

The inspiration he exuded as a coach paled in com-

parison to the mesmerizing effect he had on students who elected to take the classes he taught in English, poetry, British literature and Shakespeare.

Magnificent modesty

Alumni remember him as charismatic, but humble and self-effacing. Some may be learning for the first time that he had been athletic enough to make the freshman football squad as a running back at USC, where one of his teammates was future Hall of Famer Frank Gifford.

“I think he and Frank might have been roommates at the Kappa Alpha house,” said Barbara Rainer, his wife of 55 years. The man she called “Buzzy” never made a big deal out of such things.

In fact, his moment in the spotlight at USC came when he and his teammates were recruited to portray Roman soldiers in “Julius Caesar,” a 1953 movie with a cast that included Marlon Brando, James Mason and John Gielgud.

“He showed us the battle scene in class one day,” said

Texas-based real estate broker Andrew Whitaker (CHS ’81), who was a freshman golfer on Rainer’s first CCS title team. “He and another Roman soldier came running over a hill and Buzz tripped over a rock. He’d rewind it, play it again, rewind it, play it again ... he was never afraid to be self-deprecating.”

Though Rainer wasn’t a showoff, he wouldn’t shy away from a challenge. A year into his teaching career, a gaggle of Carmel High students watched in awe when their 6-foot-2, 230-pound teacher spontaneously performed a

Peninsula Sports

By DENNIS TAYLOR

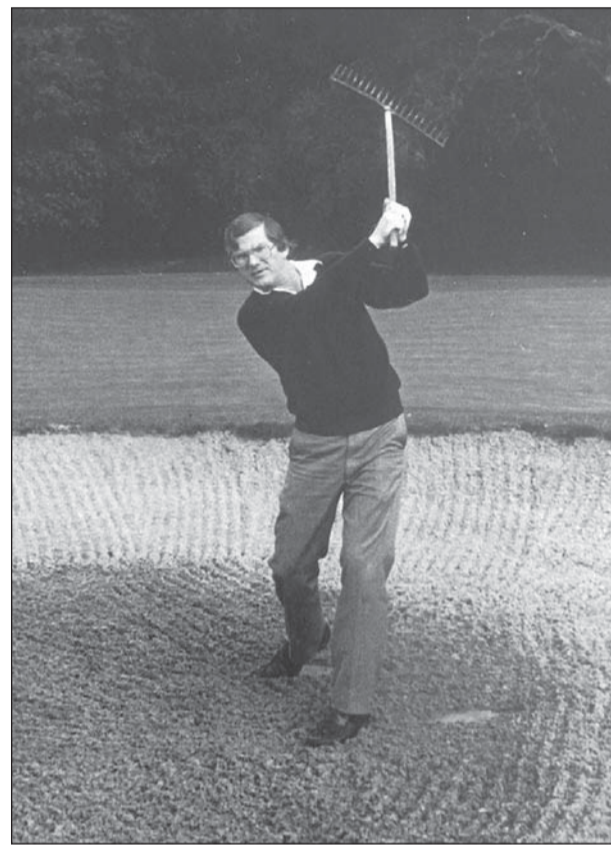
double backflip on a trampoline.

“Then, the kids goaded him into trying it again,” said Ted Rainer (CHS ’64), the oldest of Buzz’s three children. “He came up short the second time and nearly broke his neck.”

Hands off, but watching

As a coach, he was intense on the football field and basketball court, but laid back at a track meet or golf tour-

Continues next page



Buzz Rainer had two CCS championship teams as Carmel’s golf coach — but he also thought the game was something fun.



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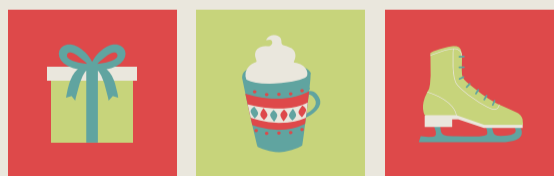


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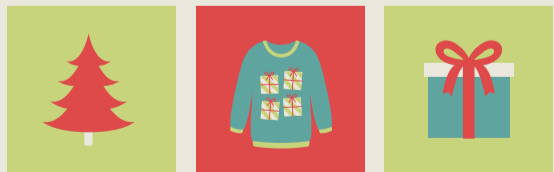
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From previous page

nament.

"He was a hands-off kind of coach," said Patrick Parrish (CHS '80), who played collegiately with the No. 1-ranked UCLA Bruins, and now is a respected Monterey Peninsula golf instructor. "He trusted us, and we always knew he cared — that he was watching us from the sidelines."

Rainer had excelled in the 220-yard dash and the pole vault in high school, and wore that USC football jersey for a year, but his true passions were golf, friends, family, international travel, teaching and anything related to the English language.

"I remember a time when we went to Edgar Allen Poe's house and the tour guide misquoted 'The Raven,'" recalled grandson Robert Rainer, a scientist and engineer at Brookhaven National Laboratory in Philadelphia. "Without missing a beat, my grandfather corrected her quote, and then he quoted the rest of the section. She and the rest of the people in the group were awed to speechlessness."

Enduring love

He enjoyed socializing, joining the Diogenes Club (for Sherlock Holmes lovers) and Knights of the Vine (for wine aficionados). He joined the Carmel Highlands Volunteer Fire Department — mostly for the camaraderie — and served on its board. He was quick to do a favor for a friend, and got many in return.

He remembered his students long after they graduated. "Sometime in the early '70s I bumped into Buzz at a restaurant. I was an accredited journalist by then, and had spent time in Russia, Vietnam and Israel," said photographer Steve Gann (CHS '59). "He was just thrilled that one of his students — particularly one who had been in his 'bonehead English' class — was getting in all of these publications."

Anna Williams (CHS '81), a teacher at Carmel Middle School, remembered that Rainer came to her wedding to read a sonnet he'd taught her in high school.

"He was looking right at me as he read, and I just started crying," she said. "It was such a moving experience."

Friends, students, colleagues and golf often converged at the Rainers' Carmel Meadows home to play on the putting green Buzz built (and meticulously maintained) in his front yard.

"People would show up at all hours of the day or night to putt, and we'd invariably wind up in their kitchen, eating all their food," said former Padres golfer Tim Blakeslee (CHS '76), a podiatrist in Santa Cruz. "I think Buzz and Barbara might've assumed that happened to all of the Carmel High teachers ... but it didn't."

Rainer helped kids find after-school jobs. He paved the way for students to get into the colleges of their choice, often via golf scholarships. He took them on educational adventures overseas.

"Buzz and Barbara brought us to England (during Rainer's sabbatical at Cambridge University)," recalled Williams. "They showed us cathedrals, they took us to Bronte country ... they brought us into pubs and introduced us to fish and chips wrapped in newspaper."

"We went with Buzz to England, and he took us to Shakespeare's birthplace, Stonehenge, Westminster Abbey ..." said Tricia Martin (CHS '81). "He was such knowledgeable guide."

In 1978, when Rainer went on sabbatical to the University of Edinburgh, he invited several Padres golfers to play Scotland's best golf courses. CHS students also went with him to Egypt, where they ascended a pyramid to watch the sunrise.

In 1967, he took a two-year leave of absence to teach in Greece alongside former CHS principal Warren Edwards. Both families came along.

"Those were two of the best years of our lives," said Edwards' daughter, Peggy (CHS '69), a botanical and natural science illustrator in Scotts Valley. "One of my fondest memories is the night Buzzy took us for a walk in the mountains and pointed out all of the constellations. I swear I could see every star in the sky."

Younger son Scott Rainer (CHS '76) remembered a memorable wrong turn in Yugoslavia that led the family 60

miles down a pothole-filled road through the mountains.

"He told us the entire story of 'Great Expectations' — he just recited the book, front to back. It made the time fly by," he said of his dad, whose near-photographic memory for literature (which he developed to hide his dyslexia) was legendary.

All three Rainer kids — Ted (a software consultant in Pennsylvania), Scott (who taught 33 years at Carmel Middle School), and Jeanie (a commercial real estate developer who recently built the tallest building in Oakland) — credit their father for helping them become the accomplished adults they are. He also helped wayward students turn a corner.

Classmates vividly remember Rainer's memorial service at the Carmel High football field, where former student Cal Bordonaro (CHS '76) leaned into the microphone and told a crowd of 1,000 people, "Buzz Rainer was the smartest (bleeping) guy I ever knew."

"He found kids who were struggling and helped them — changed a lot of people's lives — and I think he also did that for my brothers and me," Jeanie Rainer said. "His advice to us was to find what you love to do, then do it good."

"Oh my God!" she gasped. "If my father had ever heard me say 'do it good' instead of 'do it well,' he would've absolutely killed me."



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Editorial

Still improvising

WE'RE NOT sure which is more telling, the fact that Gov. Gavin Newsom this week blew his much touted "Blueprint for a Safer Economy" to smithereens, or the big birthday party he attended Nov. 6 at the French Laundry in Napa.

Either way, the conclusion is the same: Our government's response to the coronavirus epidemic has been improvised from start to finish, and even 10 months into the thing, the people who make the rules don't really believe in them.

As for us peons out here in the trenches of shuttered schools, layoffs and shrinking bank accounts, the message is unmistakable. "Shut up and wear a mask" is about as scientific as the smart people can get right now — and no questions, please.

How else could you explain a governor who constantly preaches about social distancing, tells everyone not to gather at the holidays except with their immediately family, and "reminds" everyone to put their face mask on between bites while dining out — and then sits at a big table with 11 other people, including several lobbyists, and enjoys a long, wine-soaked, no-face masks indoor dinner that cost at least \$350 a person? Sure, he apologized for not "modeling better behavior," but that's not the point. The point is that when he gives the rest of us a bunch of rules we must follow to protect ourselves and everyone around us from the coronavirus, he believes those rules aren't actually needed. And even when he pretends to apologize, it's just for the sake of the symbolism, not any real danger of getting sick.

Meanwhile, back in August, Newsom solemnly announced what he said was a very carefully vetted scheme for counties throughout the state to move up and down through a series of "tiers" of economic restrictions that would match the re-opening of schools and businesses to each county's level of new cases. And, sure enough, as the epidemic progressed, many counties were able to get more of their economies moving because their caseloads lessened, and a few even had to backtrack because their infection rates worsened. And then Monday, Newsom threw the whole thing in the trash and immediately put 39 counties into the strictest Purple Tier, not because anything alarming was happening in those particular counties, but because of a statewide spike in cases. He called the abrupt move, "pulling the emergency brake." Seemed more like hitting the panic button to us.

And lest you think the surge in new cases happened because Newsom's tier system had let the state's economy start reopening too soon, here's a question: Why have cases been spiking in Monterey County? We've been in the strictest shutdown level since the very beginning, yet a month ago our cases started zooming up: From 350 during the week ending Oct. 24, to 380 for the week ending Oct. 31, and then 490 for Nov. 7, and 527 last week. And in the first five days of this week, the county health department says we've already had 641 cases. Yet, when we try to get an explanation from officials for the cause of these new cases, the answers we get are obviously guesswork.

We often hear that an informed citizenry is an essential part of our democracy. When it comes to the coronavirus epidemic, we citizens are clueless — but that's not the worst part. The "experts" are clueless, too.

Let's hope the vaccine works better than everything else that's been tried to control the virus.

BEST of BATES



"He'll do anything to get a resident parking sticker."

Letters to the Editor

The Pine Cone encourages submission of letters which address issues of public importance. Letters cannot exceed 350 words, and must include the author's name and home town, although we may be able to publish your letter anonymously upon request. We reserve the right to determine which letters are suitable for publication and to edit for length and clarity. Please submit letters to mail@carmelpinecone.com

PWN'S NIMBY goal?

Dear Editor,

Melodie Chrislock's recent letter to this paper was a little less than truthful. She claims that Public Water Now does not seek to restrict water and growth, but that is not true. This is the organization which, until recently, was saying that the maximum amount of water that should be developed is the lowest amount we have used in decades. In addition, for years now they have fought any project proposal Cal Am developed — even sending their members the scripts and urging them to write more letters — and then denying they had anything to do with it.

This chameleon organization will say whatever they feel is necessary to get their way. The other thing to note is that the number of members of PWN who also belong to LandWatch, which seems to fight every housing project that is even proposed, is simply astonishing. That organization threatens to sue if a city even puts

anything about housing needs into their planning documents. The Peninsula needs more water and housing, not the NIMBY restrictions being pushed by PWN and their sister organization LandWatch.

Bill Williams,
Pacific Grove

'Unprecedented crisis'

Dear Editor,

Your discussion about the adverse impacts of Covid-19 on businesses and our economy is in line with conversations taking place throughout Monterey County. The state of California is grappling with an unprecedented crisis. By requiring counties to treat all parts of their jurisdictions equitably Governor Newsom is acknowledging disproportionate challenges facing many low-income and minority communities. The state rules are designed to encourage cooperation among all communities.

Your editorial unfairly targets for criticism our county health officer Ed Moreno and Supervisor Mary Adams. They are dealing with rules imposed by the state. Supervisor Adams is working diligently to open businesses safely while also working to meet the health needs of parts of the county being wracked by the virus. Dr. Moreno is following directives imposed by Sacramento. Both are public servants working to preserve health and safety in our communities. As they facilitate cooperation between communities they serve all of us.

Jim Copeland,
Carmel Valley

See LETTERS page 25A

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The story of Casanova, once a Byrd house at Mission & Fifth

A READER of this column inquired about a sign board at Casanova Restaurant on the south side of Fifth, between Mission and San Carlos, that says, “Aunt Fairy Bird Occupied This Home Until 1976.” The reader wondered if there was more to the story. Isn’t there always? As I started digging into her story, I began to unravel the remarkable tale of Carmel’s early Black-owned businesses, established in the mid-1920s.

History Beat

By NEAL HOTELLING

Fairy Lee Byrd was born Fairy Lee Turner on September 28, 1886, at Mount Sterling in the eastern hills of Kentucky. She was working as a domestic in Louisville when she met Phillip Berry, whom she described as “a gambler.” He took her to Cincinnati, where they married in 1909. The marriage didn’t last, and in 1919, Fairy married Albert Bertram Byrd, who then worked as a waiter at a restaurant in a Cincinnati hotel.

‘Service and quality’

Albert was born on May 5, 1885, in Cass County, Mich., one of nine children. His sister Anna, born in 1883, was the eldest. Albert and his sister Bertha came next as the first of two sets of twins. In 1913, 30-year-old Anna, who had a 12-year-old daughter, Theora, from an earlier relationship, eloped to San Francisco with Carl Harris, who operated a chauffeur service. Harris was just 19 and loved his cars. They returned to Ohio for a few years before moving west.

While I can’t definitively put Fairy Byrd and Harris in Carmel before 1924, her obituary said she arrived in 1921. An article in the Jan. 13, 1928, Pine Cone puts

Carl here a little earlier. “About 10 years ago Carl Harris drove a family from Oak Park, Ill., to Monterey,” the article says. “He liked the climate so well that he never went back.”

Harris opened what the newspaper called an “auto laundry” on the south side of Fifth, between Mission and San Carlos.

Albert and Fairy Byrd probably drove Anna from Ohio to Carmel so they could all join Carl. In late 1924, the Byrds and Harris bought the former Chop House restaurant on the southwest corner of San Carlos and Sixth. They remodeled and reopened it with their own style as The Carmel Restaurant in March

1925. An ad read, “Only the best of ingredients will be used, and prices have been placed at a moderate figure. Service and quality are paramount.”

Records show that the Harris home in 1926 was on 12th between Lincoln and Dolores, while the Byrds lived on Junipero between Fourth and Fifth. Harris expanded his auto laundry into “Carl’s Super Service Station.” Albert joined him as a mechanic after they sold his restaurant in 1927 to Mrs. M. B. Crawford, who recommissioned it as The Old Chop House.

In January 1928, Carl partnered with R. Allen Peckham and built a new Carl’s Service Station on the northwest corner of Mission and Sixth. Peckham had come to town with his wife Minnie 10 years earlier and dabbled in several businesses in addition to being a carpenter.

The corner of Mission and Fifth, the former auto laundry site, became home for Carl and Anna Harris in 1928. The Byrds moved into the west side of the auto laundry site. Uniquely for downtown Carmel, the Byrd home had an address of 954 Fifth Ave.

See HISTORY next page



PHOTO/COURTESY WALTER GEORIS

Fairy Lee Byrd’s home on Fifth Avenue just west of Mission circa 1976, shortly before it was transformed into Casanova Restaurant.

‘Firm, gnarly, knotted and cut’ — and that’s just the beginning

IN THE summer of 2019, when Hannah Brimer began to sketch the gnarled branches and tangled roots of an oak tree, aesthetics were her original inspiration.

Her work evolved into a triptych (a three-panel series) as the Monterey-based artist began to feel haunted — then healed — by the startling, very personal symbolism that emerged.

“Oak trees are firm and deep-rooted, but they’re also gnarly, with knots and cuts, and they look dead. I identified hugely with that,” she said.

“I feel like I’m also strong and rooted, and I know who I am,” Brimer said. “But I’m also scarred:

I have a lot of damage, and deep wounds that sometimes can look pretty intense from the outside.”

The tree drawings, in graphite and gouache, awakened Brimer — who minored in psychology at CSU Long Beach — to theories of psychological repression and vanishing memories, rekindling long-buried memories of sexual abuse she endured during her late teens.

Art as catharsis

A branch depicted in one of the panels is embraced by a red snake because “a snake is ever-winding, constantly moving, doesn’t like to sit still, like a fleeting memory, or a memory that’s been repressed,” she said.

An iguana in the tree, she said, is “a slow-moving animal, sitting heavy, representing a deeply rooted memory.”

The lizard in a third panel “represents a quick memory — something that happens, then scurries off,” she said.

At 28, Brimer’s life has become a perpetual awakening as she uses her artwork to embrace the #MeToo movement and other women’s issues. Her work also comments on purity culture and religious trauma syn-

drome — rejection of her upbringing as an evangelical Christian.

“I enrolled at Cal State Long Beach in 2017, at age 25, and it was really the first time experiencing life away from my family for a long period of time,” she said. “Studying art is about studying history, how culture was shaped, why things are done the way they’re done, why wars started, why indigenous people were kicked off their land ... we are brought so much

Carmel’s Artists

By DENNIS TAYLOR

awareness through art.”

Brimer said exposure to new perspectives opened her eyes to a world that had been hidden from her through the first 25 years of her life.

“It allowed me to realize the dogmatic mindset of evangelical Christianity,” she said. “I started recognizing the traits of indoctrination and I felt very indoctrinated.”

Brimer was born in Southern California, but moved often with her parents, who were church planters, establishing new Christian churches in various locations, including Monroe, Wash. (population 20,000), where they lived for five years.

“My childhood was actually pretty great in the sense that both of my parents are extremely warm, kind, loving people who invite everyone into their lives,” she said. “I was raised to be an advocate for the less fortunate, and we often had homeless people at our dinner table.”

“I was a very adaptable kid, but also very sheltered through evangelical Christianity. I didn’t know anything other than what I was experiencing.”

‘A very specific mindset’

She had just six classmates in the tiny, private, Christian school she attended, and participated in an after-school club at her church, where her family also spent most weekends. When not at church, they socialized with church members.

“So all I knew growing up was a very specific type of community with a very specific kind of mindset,” she said. “I don’t think I ever really believed what my parents believed, but I also didn’t realize there was an option to believe anything else.

“I’d say, ‘But why?’ I don’t understand!” and never really got answers, other than, “That’s the devil trying to make you doubt yourself.”

She was 13 when her family returned to Southern

See ARTIST next page



PHOTO/COURTESY HANNAH BRIMER

Hannah Brimer, who hopes to become an art therapist, uses her own symbolic artwork for self-exploration and personal healing.

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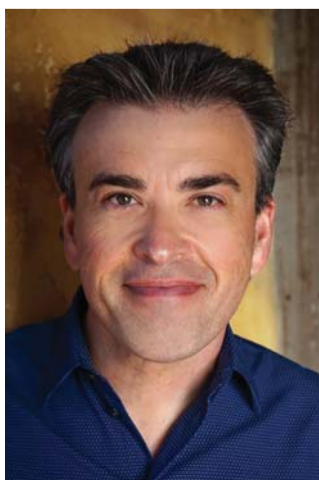


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HISTORY

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Fairy Byrd occasionally hired out as a domestic. While no records confirm where she worked, tradition holds that, at least for a time, she worked at the Monteagle home in Pebble Beach. It was there, in 1938, that she looked after the needs of Charlie Chaplin, who leased the home for most of that year. She became better known for the laundry business she operated from her home. Her obituary declared, "Anyone who knew of her work rarely sent a shirt to the [commercial] laundry after they saw the results of her talent."

Even Langston Hughes' biographer, Arnold Rampersad, wrote about this talent, noting she "laundered clothes, but only for the wealthiest Whites."

The Byrds and Harris befriended Hughes when the poet lived in Carmel in the 1930s, and introduced him to other Black families on the Peninsula. They were active members at the First Baptist Church at Fourth and Laurel in Pacific Grove. Harris served as emcee when Hughes spoke there in November 1933.

In 1936, Harris was elected president of a local group called the Negro Progressive Political Association, and Albert Byrd was elected treasurer. They helped organize multiple organizations to assist the Peninsula's Black community in the 1930s, including a civic league and a voters' league. Fairy, famous for her southern cooking, helped

lead bake sales for the civic league to raise funds for those in need. She also used her large Wedgwood enamel gas wood stove to prepare catered meals.

Marvelyne Matthews, who died earlier this year at 103, was the daughter of Fairy's first cousin, Aileen. Matthews' daughter Tina told me that Aileen was a "manicurist and maid on the railroad and couldn't care for our mom in the summers. Mom always called her Aunt Fairy and fondly recalled spending her childhood summers at Aunt Fairy's home and restaurant and was very proud of the fact that Aunt Fairy was a Black business owner in Carmel."

Peach pies

Harris and Peckham dissolved their partnership and sold the service station in November 1938. Harris then opened a new service station in March 1939 at Pearl and Abrego in Monterey. Harris' success apparently led to domestic tension. He and Anna separated in October 1939. Harris moved to Vallejo and with partners and took over a hotel. He left Albert Byrd in charge of the station in Monterey.

Anna Harris remarried in December 1943 to Frank De-ggs in a ceremony at the Byrd home. She then moved to San Francisco. Anna's daughter, Theora (Mrs. Stanley Moran), moved with her family from Indiana into her mother's former home at Fifth and Mission, next door to her Uncle Albert and Aunt Fairy Byrd.

Albert Byrd died in 1951 and the Morans moved to San Jose, leaving Fairy Byrd alone. She remained in the home for 25 years. Her nieces and many friends checked on her,

and she on them. She kept a calendar with "the birthdays of her 'children,' the sons and daughters of her friends." She would never miss an annual greeting.

She also greeted strangers when they walked by her home. One such stranger in the early 1970s was a young Belgian artist named Walter Georis. His family then operated La Boheme Restaurant. Georis told me she always promised to bake one of her famous peach pies for him. Before that promise was fulfilled, Fairy died in 1976. She was 90 years old.

Relatives settled the estate and, in honor of Fairy's generous spirit, gave the proceeds to a needy family. City leaders began eying the site of her home for a possible parking lot.

The contents, including her stove, were sold at an estate sale at the end of September 1976. The house itself was sold at an auction at the county courthouse. The bidding was spirited and, despite the dilapidated condition of the property, it brought a record price. The successful bidder was Georis, who, keeping the original floor plan (little else was salvageable), lovingly transformed it into Casanova Restaurant.

Daisy Bostick recalled these families in a 1955 Pine Cone article: "The Negro population has always been small, but some of them have been amongst our finest citizens. Albert and Fairy Lee Byrd held warm places in our hearts. And there was Carl Harris, who ran a service station and was everybody's friend."

And, with that, you know the backstory of Aunt Fairy Byrd.

ARTIST

From previous page

California, where her father became an associate pastor, and her mother a secretary, at a church that was so conservative that they left after three years.

"I took a big step away from church because my dad did, and it gave me my first opportunity to experience the real world," said Brimer, adding that her mother and two siblings remain strong Christians, though they no longer are regular churchgoers.

"I had a huge fear of talking to my parents about drifting away from evangelical Christianity, because I thought they would be angry or disappointed in me," she said. "But once I did, they were very accepting for the most part."

Her father, Rich, is an artist (now living in Kentucky) "and a free spirit," she says, and her mother, Samantha, is a creative writer and grant writer. But Brimer's first foray into art didn't come until her freshman year of high school, when she began dabbling in photography.

Her detour into drawing and painting began at community college and accelerated at CSU Long Beach, where her life journey also took a turn.

"I discovered a podcast and a book, both by Jamie Lee French, that gave me vocabulary for the experience I was having, which was religious trauma syndrome," Brimer said. "It was euphoric — such a release. I probably spent a week happy-tear crying every time I realized that my experience was also the experience of many people."

Her artwork frequently features animals, fruit, and figures (most often the female form), is usually symbolic, and often suggests darker themes.

"I hurt a lot growing up. I went through some really dark times," she said. "I've dealt with depression, and art is what has helped me persevere and get through."

Pre-pandemic, Brimer worked at her father's business, Carmel Visual Arts, and was an art educator for special-needs children at Monterey Museum of Art.

Since her teenage years she has been employed as a behavioral therapist's assistant, a tutor, and an art director at a facility for special-needs children. During the pandemic, she has worked as a nanny.

Brimer intends to pursue a master's degree in art therapy, and in December she'll take part in a two-week artist residency program at Monterey Glassworks, where she'll do marketing and outreach, coordinate events, and teach workshops.

Images of Brimer's work can be found on Instagram at @hbrimer.

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Dear Larry

BY LARRY MESLER

Dear Larry,

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LETTERS

From page 22A

Help from neighbors

Dear Editor,

We are the steering committee members for Carmel Neighbors, and we are writing to thank you for the article by Mary Schley in last week's Pine Cone about our Neighbors for Neighbors program. As a result of the article, we've already had four people contact us to get involved in organizing their own Carmel neighborhoods, and we are so grateful to you for helping us spread the word.

We also wanted to let your readers know that we are still helping people who need assistance during these days of sheltering at home and social distancing. If you need help with shopping, getting medications, or errands, please contact us at carmelneighbors.org. Several of our volunteers have developed strong connections with the people they shop for, and some wonderful new relationships have grown during these uneasy times. It's a tribute to the people of Carmel that our instincts are to look out for each other and make sure that no one slips through the cracks. Thank you to The Pine Cone for being an important part of what makes this village remarkable.

Jan Reimers, Jeff Baron, Wanda Vollmer, Scot Smythe and Chris Campbell, Carmel

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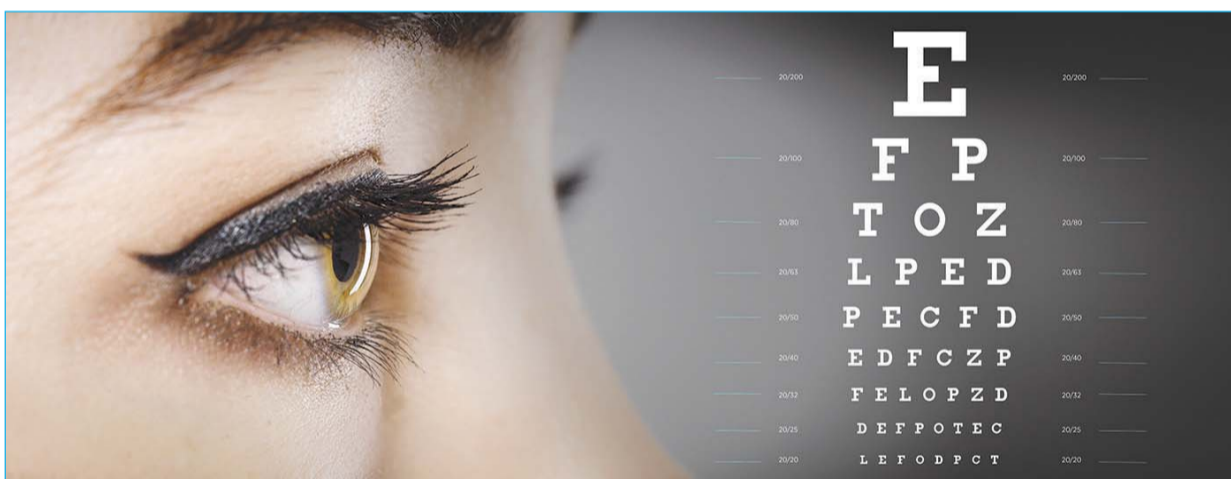


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Angel Project adapts to virus with drive-through dinner, stocking giveaway

By CHRIS COUNTS

WITH THE pandemic taking a cruel toll on the local economy, it's no surprise that the nonprofit Carmel Valley Angel Project — a yearly volunteer effort to brighten the holidays for residents — will serve more turkey dinners this Thanksgiving than it has in years.

In fact, demand for the drive-through event has been so great that the local nonprofit announced it can't take any more reservations — for the first time ever. The dinners are prepared by chef Michael Jones and staff.

"Due to unprecedented response this weird year, we're very sorry we can't manage any more reservations," Angel Project board president Christine Williams announced.

For those who made reservations, dinners can be picked up Thursday between 11:30 a.m. and 1:30 p.m. at the Community Youth Center Hall, which is located at 25 Ford Road.

You can help stuff stockings

Once the turkey dinner has been handed out, Angel Project volunteers will focus their efforts on stuffing stockings with holiday gifts. A stocking giveaway will replace — at least for this year — the holiday gift shop the Angel Project has previously operated in the village during the gift-giving season.

If you're interested in donating stocking stuffers, there's a need for new items that will appeal to teens, and \$20 gift cards make particularly useful presents. Bins for donating items will be placed at three sites: Tularcitos School, Carmelo School and the Carmel Valley Art Association.

Due to such high demand, Williams said the Angel Project will be unable to accommodate anybody without reservations at either the Thanksgiving dinner or the stocking giveaway. If you're interested in reserving stockings, call Alicia at (831) 298-7425. The project hasn't yet announced when and where the stockings will be given away.

Taking care of one another

Although it looks very different this year, the Angel Project will still be able to share a little holiday cheer.

"We love being able to help people, and letting everybody know that we are a community that takes care of one another," Williams added.

Founded by one-time Holman Ranch owner Dorothy McEwen, the Angel Project began in 1995 as a holiday pop-up shop offering free toys, books, school supplies, blankets and other items to families in need, and the Community Thanksgiving Dinner was added later — in part to accommodate people who are alone during the holidays.

If you'd like to help without ever leaving your keyboard, you can make a donation at cvangelproject.org.

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RENTALS

From page 3A

dustry, or asked for more oversight. Kirk Gafill urged supervisors to treat a short term rental the same way a hotel room is treated against visitor serving caps established by local land use plans. He noted that vacation stays, like hotel rooms, have their peak use on weekends and holidays.

Bruce Merchant said not all vacation rentals are being done by locals who are simply trying to stay in their homes.

"There's a house in my neighborhood with a different car in front of it every week," Merchant said. "It's an investment property with an absentee owner — nobody there is trying to stay in their beloved family home."

Resident Gwyn Deamaral thanked the officials for shutting down several operators near his home, while resident Victoria Torcolini criticized an operator in her neighborhood for allowing unsafe patio fires.

Most STRs in Peninsula

The vast majority of local short term rentals are located on the Monterey Peninsula or in Carmel Valley or Big Sur — which Mary Adams represents. At the hearing, the supervisor expressed her frustration with how difficult it has been to come up with a way to enforce the ordinance.

"As hard as we've tried, nothing seems to have worked," Adams said. "If there are more than 600 STRs advertising and we only have 20 permits issued, there is something wrong here."

Adams raised the idea of bringing in a third party to help with enforcement. "We should be able to contract this out to someone," she said. "We really need to come up with an enforcement plan or this is a waste of time. We need to focus on it, and get it right."

While some of the speakers defended their industry, Adams conceded there are others in the industry that don't meet their high standards. "The people we are hearing from today are the good actors, but here are many bad actors," she conceded.

As part of the permitting process, residents should be notified when someone applies for an short term rentals nearby, the supervisor said. "Neighbors have the right to know if something is going on," she said.

Adams said the ordinance must not conflict with local land use plans in Big Sur and Carmel Valley. "We have to comply with land use plans already in existence," she urged her colleagues.

Despite the challenges creating the ordinance poses, Adams is confident it will reach the finish line. "I have a strong belief that there exists a sweet spot where can have a balanced approach," she added.

Several speakers suggested getting advice from Santa Cruz County, where an STR ordinance seems to work.

If all goes according to plan, the supervisors will vote on the ordinance in January or February.

ROBBERY

From page 6A

his attacker used to strike him, only that a "deadly weapon" was used. The victim was not taken to a hospital for treatment, she said.

Asked about the alleged perpetrator's identifying information, including his race and estimated age, height and weight, Francis would only say, "at this time, the investigation is active and detectives are developing leads."

In cases of serious crimes, police have always made such information public so that anyone who has had even incidental contact with a suspect can help catch him, but in recent years the P.G. police department has become very secretive, not only about what crimes are being committed in town, but who is believed to be doing them.

Francis did ask anyone who knows something about the Nov. 10 assault to call (831) 648-3143.

Newsom puts county under overnight curfew

PINE CONE STAFF REPORT

CITING A rise in coronavirus cases around the state, Gov. Gavin Newsom on Thursday announced a statewide stay-home order that will last for a month.

The order mandates that non-essential work and gatherings must stop between 10 p.m. and 5 a.m. in counties, including Monterey County, that are in the most restrictive Purple Tier, which, as it stands, does not permit bars to be open. Indoor dining and in-class school instruction are also prohibited under that tier.

"The curfew will take effect at 10 p.m. on Saturday," Newsom posted on social media Thursday afternoon. "Together, we can flatten the curve again."

Newsom's order comes after the Democratic governor famously attended a birthday party at the super posh French Laundry restaurant in Yountville on Nov. 6 in which he dined with people from different households — precisely the type of activity his administration has strongly discouraged, if not prohibited.

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HELP

From page 7A

services, 14 in retail, three in healthcare, one in agriculture, and more that fell into other various categories.

Donnelly told the supervisors he's put together a priority schedule to determine who gets help first. Those in the unincorporated areas and who have not received any other federal help are at the top of the list, with other variables used to sort the rest.

First District Supervisor Luis Alejo said he's worried about restaurants heading into an especially difficult time of year, since they can't serve inside, and the weather outside is no longer ideal for al fresco dining.

"When temperatures drop around 7 p.m., they don't have the same number of customers," he said. "We know many of the smallest businesses are going to go into the winter months with a lot more economic strain." He said the board should do what it can to help them get through the winter and keep people employed.

"It's painful to have those conversations with these small-business owners who are struggling so much," he said. "The least we can do is try to provide a little more funding."

With so many small businesses suffering, 5th District County Supervisor Mary Adams made a motion to take the additional \$958,742 needed to fund the grants from the county's cannabis fund, and the rest of the board agreed the matter should be put up for a vote at the Dec. 1 meeting.

Another \$1.6 million in county CARES Act funds will be distributed in low-cost loans for small businesses suffering losses due to the shutdown, according to Lee Takikawa, executive director of the local nonprofit that's administering the loans for the county.

"With additional stimulus measures a ways away, this really could be a lifeline to many of the small businesses struggling in our community," he said during a media

briefing Wednesday.

Takikawa said his agency can now issue loans of up to \$400,000 and is still doing microloans of \$25,000, which can often be funded in five or 10 days. "The larger loans take additional time for approval," he said.

They are also "super affordable," with interest rates as low as 2.44 percent, no payments for the first nine months, and other benefits. The maximum term is seven years, and proceeds can be used for working capital, payroll, rent, inventory, supplies/materials, utilities and professional services.

"Of course, businesses would prefer to get grants," he said. "But this is our next best option."

Potential borrowers must be located within Monterey County, of course, and have between two and 10 employees, with annual revenues of \$2 million or less. They can't be passive real estate entities and must have been in business for at least a year, be current on their federal income taxes and present a plan for post-pandemic recovery.

"We are revitalized with new capital," Takikawa said. "We want to deliver it to businesses."

Help for Salinas

The nonprofit, called Cal Coastal, also received \$350,000 from the Community Foundation for Monterey County to loan to Salinas businesses with 10 or fewer employees. Unlike with the CARES Act money from the county, startups can apply for these loans, and Latino-owned businesses are particularly urged to borrow.

The microloans will range from \$10,000 to \$25,000, with interest rates from 3 to 5 percent, and a maximum term of five years. Payments can be deferred for up to nine months, and the money can be used for working capital, machinery and equipment, and furniture or fixtures.

Free technical assistance with loan applications and ongoing business support are available, too.

To apply for a loan from either program, visit calcoastal.org or call (831) 676-2020.

An open letter to the friends of Conway Of Asia:

I arrived in Carmel at 10. It was 1956. I got a bike for my birthday from my uncle. Carmel was so far away from my Appalachian roots where I grew up. I had an old bike and a young dog and together we discovered every inch of this new paradise.



Back then, Junipero was a dirt street. One block from the police station was a barn named Betty Green stables. That was my job that was my first job taking six or eight tourists on horseback. We would gallop the full length of Carmel beach. One thing led to another. Across from the stables was a blacksmith, the Forge in the Forest. Francis Whitaker taught me to man the bellows as he shaped the molten horseshoes in the glow of the intense fire. My next job was considerably more lucrative. With my old bike I became the delivery boy for the Dolores Drug Store delivering prescription medicine in the village. 30 years later I ended up opening my first store in Carmel in that same drugstore. I remember discovering my phone number etched in one of the drawers "Pete Conway Mayfair 4-3975. A vestige of a by gone day when our little village had a prefix and only four numbers and party lines. Only the old-timers will remember those days when bygone dinosaurs roamed wild on the streets of our little hamlet.

I think my most life-changing job as a child was given to me by a wonderful man named Harry Dickinson. He was a big game hunter and a remarkable legend. He knew Africa well and there were a hundred trophies on every wall. His floors were lined with exquisite oriental rugs. I had never seen anything so beautiful as those rugs. He taught me to hand wash them. I remember each one so vividly. He told me where they came from, countries I had never heard of and couldn't even pronounce. The mystery of a faraway world was beginning to plant a seed somewhere deep in my dreams. I remember how amazed he was when he realized I could identify each one and its origin. I had secretly researched them from the Harrison library. Later I wrote a 25-page tome as an English paper for my favorite teacher Mr. Rainer. When Mr. Dickinson died, he left in his will all those beautiful rugs to me I had washed as a 13-year-old. that was the beginning of my rug collection. Those rugs ended up changing my life in more ways than I could ever imagine.

Magically, mentors and teachers serendipitously appeared in my life at the precise moments in my time of greatest need. By chance, I ran into my shop teacher, Mr. Wiese, in the post office. I stopped him to thank him for all he had taught me 20 years before. I asked him to stop by the little French restaurant where I had built a village scene. True Carmelites will know it. And across the street the door I made in his woodshop still swings on the hinges of the Tuck Box. So many memories in this little town.

A great football coach taught me how to get up after being knocked down and get back in the game. And if I remember correctly, we were never lost a football game in my high school years thanks to Coach Mosolf. I also remember jumping on my bike to fetch him at Whitney's Bar. I drove him back up the hill to football practice in that 49 Ford. Two years later I got my driver's license.

A great French teacher took me under his wing and perfected my French and introduced me, not to just Balzac and Verlaine, but to a wonderful French couple. Two incredibly refined gentlemen that owned the Cypress West Hotel. I lived and worked in their hotel during my high school years. It was their influence that sent me to the Sorbonne for my education.

I spent a major part of my life traveling the world from Tanzania to Tunisia, from Lhasa to Lenin-grad, from Damascus to Darjeeling in search of enlightenment and of course mystical treasures.. I learned to cook in Paris and worked in many prestigious restaurants that would except a young, but eager, novice in their kitchen. I spent my days in lecture halls at the Sorbonne and nights learning why French cuisine was the food of kings. From the windows of La Tour D'argent I could see the full splendor of Notre Dame. They were times I actually had to pinch myself that this life was not just a dream.

I had a small store in Paris and commuted back and forth to Afghanistan and for a short time Conway of Asia was the darling of the Rive Gauche. I was forced to remain primarily in Europe in exile trying to avoid The Vietnam war.

One day when this is all over I'm going to return to that beautiful place of my childhood, Carmel and raise a family.

I combined my love of art and love of great food and opened the Caravan Restaurant. Surrounded by exquisite oriental rugs I created a bazaar of beautiful treasures of the orient. I wanted to create a totally unique experience for all who ventured into my authentic souk. Succulent kebabs and perfumed pilaf from Iran, sweet breads and truffles from Dordogne and of course duck à la orange. "The Caravan Restaurant" was an immediate success! It was truly enchanting and 30 years later my old store and restaurant has become the Baja Cantina. I also learned with two young children and a single parent; I was a better father than a restaurateur.

Now my children are scattered afar, one in Argentina and one between Dubai and Moscow always on a plane. Four grandchildren that I am longing to spend time with. Therefore, I have made the firm decision to find that time. One by one my treasures leave my store and with great joy I look to the retirement that is coming. I still have two more containers to open and as a promised I will open one more this weekend. I am extremely motivated, and time is a priceless commodity. I remember the words of a wiseman who told me "it might just be time to let go son. I ain't never seen a hearse pullin a trailer...have you?"


Come! Delight yourself. Day by day there will be treasures waiting for you.

After this weekend we will have one more container to be opened.



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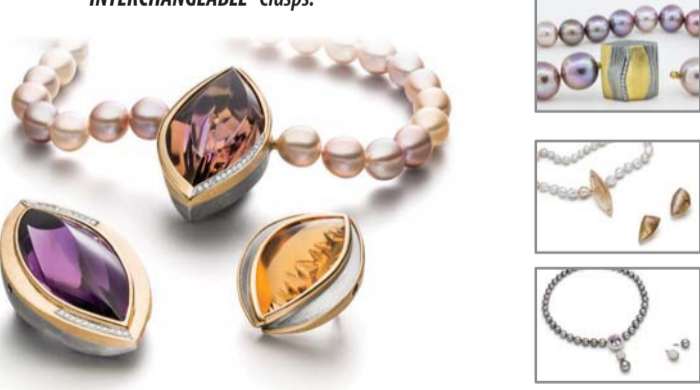
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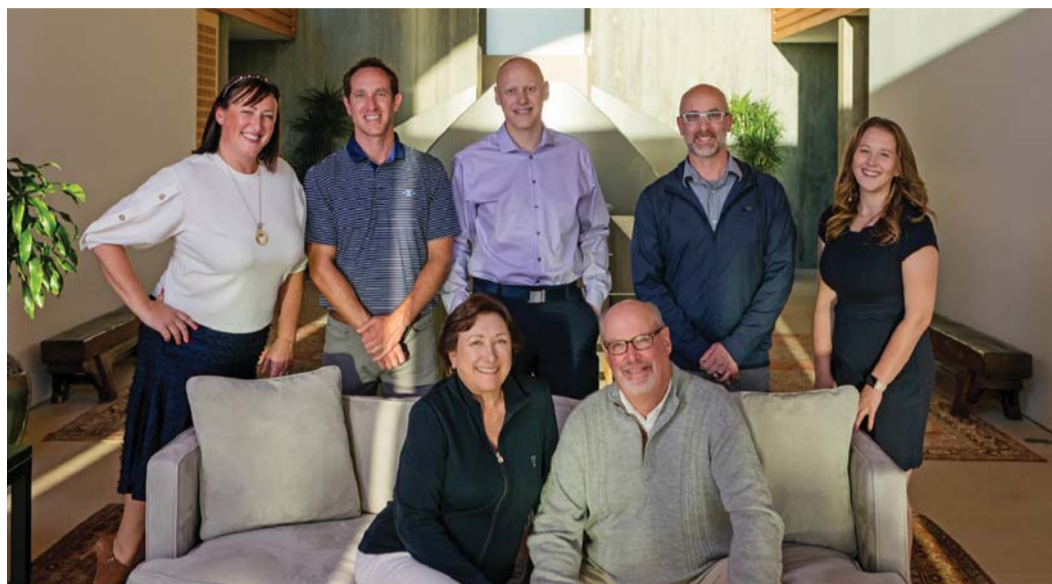


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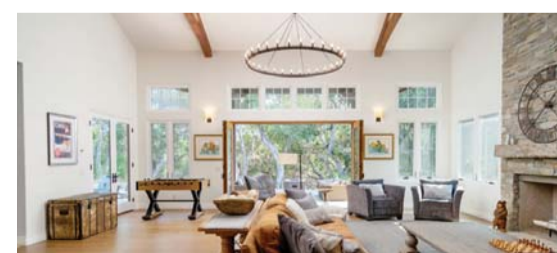
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Scenic Beach House

CARMEL



Oak-studded Oasis

SANTA LUCIA PRESERVE



HEALTHY

Lifestyles

‘It’s cold, it’s damp and my joints ache’ — but at least you’re not alone

By ELAINE HESSER

YOUNG FOLKS have probably been listening to their elders complain about aches and pains since Adam and Eve started grouching about their sore joints to Cain and Abel. “Yup,” you can imagine Eve saying as she rubbed her knuckles after hemming a goatskin dress, “I’ve got rheumatism for sure.”

Rheumatism, however, isn’t a precise medical term so much as it is a catchall for myriad painful musculo-skeletal diseases. That’s according to Dr. Neville V. Udwadia, a rheumatologist with CHOMP.

“It doesn’t focus on exactly what’s causing the pain,” he said of the term. The field of rheumatology deals with a wide variety of disorders, including many autoimmune diseases, in which the body mistakenly attacks itself, as well as more than 100 types of arthritis.

Arthritis, explained Udwadia, simply means a disease of the joints. The most common form is osteoarthritis, which the Centers for Disease Control says affects more than 32.5 million U.S. adults, and is caused by damage

to or breakdown of cartilage, which cushions the joints between bones.

Risk factors for the disease include age, sex (it’s more common in women), obesity and genetics, as well as overuse and repetitive stress. “It’s a complex issue, not just wear-and-tear,” said Udwadia.

He went on to say that about 1 percent of the population (more than 3 million Americans) has rheumatoid arthritis, which is a different, autoimmune disorder causing pain, swelling and related symptoms.

Prevention

Psoriatic arthritis is less common. The National Institutes of Health published one study that estimated it affects between .05 and .25 percent of the population — fewer than 1,000,000 people. It’s related to psoriasis, an autoimmune disorder that affects the skin, but Udwadia said that having psoriasis doesn’t always mean a person would get psoriatic arthritis, nor does everyone with the joint prob-

ARTHRITIS cont. on page 36A



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W O R K O U T C O R N E R

Roll out your mat at home or bundle up and get moving — winter is no excuse

By ELAINE HESSER

"My grandmother started walking 5 miles a day when she was 60. She's 97 now, and we don't know where the hell she is." — Ellen DeGeneres

IT'S NEARLY Thanksgiving, so doubtless many of you will be looking for ways to work off that gravy and pumpkin pie. And even with our mild winter weather, you might find yourself seeking a warmer alternative to those long walks by the shore.



Top: Arianne Bautista (second from right) and the crew at Carmel Barre and Kelli Nairn (above) of Union Yoga encourage students through indoor workouts online.

It used to be that when you couldn't go outside or get to a gym, your only option was a dusty set of "Sweatin' to the Oldies" or Tae Bo videos or a session on a stationary bike. That's where 21st-century technology comes in.

Kelli Nairn, owner and instructor at Union Yoga in Monterey and Pacific Grove (unionyoga-monterey.com), has been adjusting to the new reality of online workouts. She suggested that just showing up was half the battle.

Since all you have to do is log into your computer, you'd think that would be easy. There's no commute, no locker room, and you never have to worry about being in some diva's favorite spot on the floor. Your view of the instructor is only limited by the size of your screen.

But, Nairn observed, "When people are in their homes, it is easy not to practice. With a studio, people have carved out time for travel and there is a bit of ritual by walking into the studio, taking off your shoes, and being in a group of people, practicing together."

If you miss the sense of community, instructors like Nairn are working on ways to recreate that feeling. "One of the ways we have overcome this is by offering quick and easy 20-minute breath work and meditation classes followed by a conversation where people can talk about life in general," she said.

Union Yoga is also one of several local groups offering outdoor, socially distanced sessions.

Making it fun

Most places require you to reserve a "space" in a Zoom class and pay in advance with a credit card. Pricing varies, but there's usually a significant discount for some sort of subscription; Union Yoga, for

example, charges \$15 for a single session online or at the beach, but also offers an unlimited streaming membership for \$65 a month with a two-month commitment.

Carmel Barre's latest venture, "The Park by Carmel Barre" (theparkbycarmelbarre.com), provides unlimited access to an extensive online library of pre-recorded classes for \$21.99 monthly. A one-week free trial is available, or you can rent an online video for \$5.99.

Studio owner Arianne Bautista said that she's still experimenting with various online formats. Like Nairn, she's noticed that people have a harder time maintaining their fitness levels without a set routine.

To that end, she's releasing some videos only at specific times — for example, a 40-minute high-intensity interval training workout (also known as HIIT) might only be available at 9 a.m. Mondays, Wednesdays and Fridays — to encourage people to schedule and commit to training just as they would with an in-studio class.

Bautista said she would also like to network with instructors locally, nationally and even internationally to have a wider variety of videos available, because for her, workouts should be enjoyable and inviting.

"I named it The Park because it sounded like a fun gathering place, where anyone can come and hang out," she explained.

The studio also shares some of Carmel Dance Center's large tents for socially distanced in-person workouts.

Happier hearts

Although HIIT, barre and yoga routines can get your heart rate up, you can find other types of cardio

WORKOUTS *cont. on page 38A*

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HEALTHY LIFESTYLES

Intermittent fasting: Worthwhile effort or pop culture nothingburger?

By SALLY BAHO

INTERMITTENT FASTING is a diet — meaning the way you eat, not just what you eat or don't — that involves alternating periods of eating with extended periods of very little or no calorie consumption. Most people write off fasting as a religious or ascetic

practice, not intended for the average person but rather for those living lives of self-discipline and abstinence. On top of all that, odds are good that as you're reading this, a culturally-sanctioned feast of turkey with all the fixings is in your future.

Research suggests that intermittent fasting can lead to weight loss and improved blood sugar levels, among other health benefits, and it's been touted in pop culture, as celebrities like Jimmy Kimmel and Jennifer Aniston found success with it. So, is

it the real deal or too good to be true?

The answer, unsurprisingly, is "it depends."

'Tool in the box'

Dr. Toby Katz, a Monterey gastroenterologist and specialist in obesity medicine said it's a valid approach to weight management, but that "safety is always the most important issue." He went on to say that pregnant or breastfeeding women, and people taking insulin for diabetes aren't good candidates. Those who have other conditions for which they take medications that make regular meals necessary for them shouldn't try it without asking their doctors. Other conditions like high blood pressure or kidney problems could also be aggravated by intermittent fasting. In other words, you need to be generally healthy, and having a physician's supervision is always a good idea.

Katz further cautioned that it's not a one-size-fits-all panacea, but rather one option that people can consider. "Intermittent fasting is an option that may be acceptable and successful dependent on a person's tolerance and preference. It's another tool in the box of healthy eating."

Burning fat

There are several intermittent fasting methods, such as the 5:2 diet where you limit your intake to 400

FASTING cont. on page 39A

Is there a benefit to taking long breaks between meals?



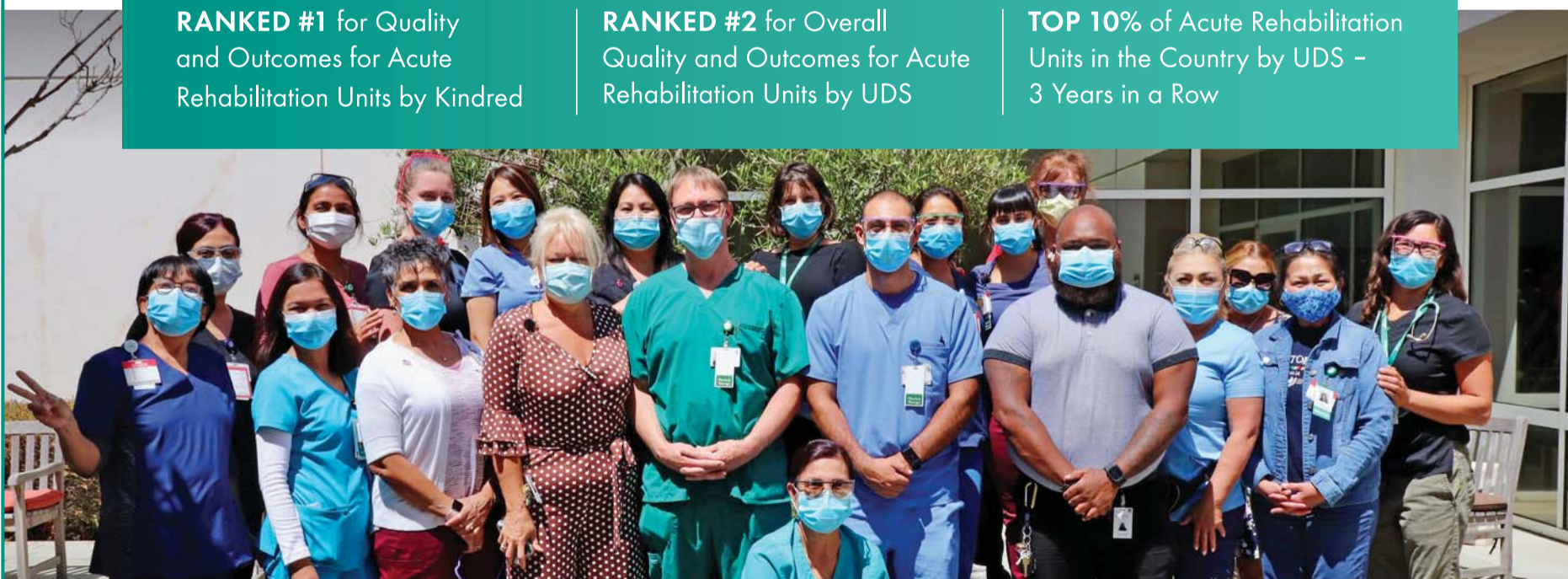
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THE Kitchen

Grilled Zucchini with Vegetable Ratatouille and Chipotle Crema



CHEF EDUARDO Coronel of the Rio Grill brings us an updated version of zucchini boats. While older recipes often called for ground beef and rice, Coronel's version is much lighter, with a vegetarian stuffing. Beans provide fiber and protein, and the colorful vegetables supply a lot of nutrients.

Patience is key to successful grilling. Put the zucchinis and the other vegetables down and don't touch them for at least two minutes to get lovely marks and that delicious, smoky flavor. The peppers should char, and may even break open, but don't let

that worry you.

Place the grilled peppers in a closed paper bag or covered bowl to steam for a few minutes. Once they've cooled down, the skins rub right off.

Adobo sauce — especially in small quantities — is easy to come by, as it's the stuff that canned chipotles are packed in.

Freeze leftover chilis and sauce in a small plastic bag or in an ice cube tray for later use. To get the pretty lines of sauce, use a squeeze bottle or spoon the crema into a zip-top bag and snip off one corner.

INGREDIENTS

Makes six stuffed zucchini

- 3 zucchini**
- 1 ear of yellow corn, shucked**
- 1 poblano pepper**
- 1 red bell pepper**
- 1/2 pound cremini mushrooms (also sold as baby bellas or baby portobellos)**
- 1 yellow summer squash**
- 1 cup cooked or canned black beans, drained**
- 6 cloves garlic, minced**
- 1 cup shredded Jack and cheddar cheese (use low-fat if desired)**
- Olive oil, salt and pepper**

For the crema:

- 1 cup sour cream (use low-fat if desired)**
- 1 lime**
- 2 tsp chipotle puree or adobo sauce**
- Salt and pepper**

Preheat grill to 400 degrees and pre-heat the oven to 350 degrees.

Cut the zucchini in half lengthwise, scoop out seeds and rub with olive oil, salt and pepper. Put the zucchini, corn and peppers on the grill for 5 minutes. Make sure the zucchini get nice grill marks (see editor's notes).

Slice the mushrooms, dice the yellow squash and set aside.

When the vegetables are done cooking, remove the skins and seeds from the peppers and dice the flesh, then slice the corn off the cob.

Combine all the vegetables with the black beans, garlic, cheese, salt and pepper, then stuff the zucchini halves with the mixture. Bake the zucchini in for about seven minutes, or until the cheese is melted.

CHIPOTLE CREMA

Combine the sour cream, chipotle puree, juice of half the lime, salt and pepper. Beat until everything is mixed well and drizzle over the top when you are ready to serve the zucchini.

Chef's note: "I love this dish because you can add some grilled chicken, steak or shrimp."

CHEF BIO

EDUARDO CORONEL moved here as a teenager in 2000, with a strong desire to learn more about the world of cooking. The Rio Grill hired him as a dishwasher. When executive chef Cy Yontz took the helm, Coronel's diligence, curiosity and eagerness to learn were rewarded by a promotion to sous chef.

He became Yontz's right-hand man, but after 10 years (and starting a family), he left to dedicate himself to a cleaning business he started with his wife, Martha.

Still, Coronel's longtime dream of becoming a chef wouldn't be denied. Although the cleaning business was a success, he returned to the kitchen at Rio Grill, taking over the executive chef job when Yontz — his mentor — left in 2017.



Eduardo Coronel

Now, when you settle in for a pleasant meal on the restaurant's patio, you can enjoy Coronel's bold flavors and creative dishes, perhaps with a nice glass of wine.

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Before and after 10 months



Before and after 18 months



Before and after 36 months



Before and after 9 months



Before and after 9 months

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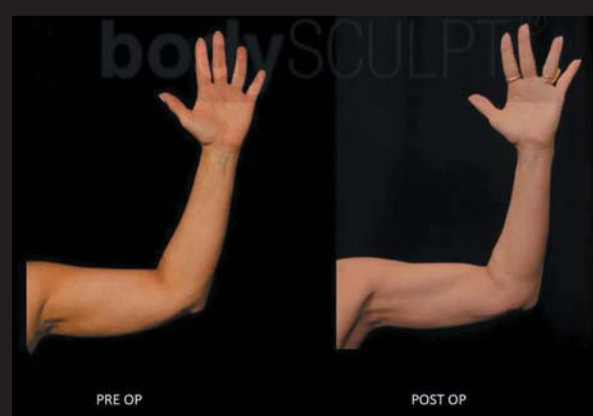
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HEALTHY LIFESTYLES

ARTHRITIS cont. from page 29A

lems also have the skin disease.

The list goes on (and on). Udvardia said that different types of joint disease affect different parts of the body. For example, the Mayo Clinic notes that psoriatic arthritis is likely to cause swollen fingers and toes, foot pain and lower back pain, but rheumatoid ar-



Dr. Neville V. Udvardia

thritis tends to start in smaller joints (fingers and toes) and then can spread to wrists, knees, ankles, hips and shoulders.

Treatment depends on the type of disease and symptoms, and can include everything from over-the-counter painkillers to prescriptions, physical therapy and other approaches. Gout, for example, can be affected by dietary changes. Udvardia noted that massage and warm or cold compresses provide some people with temporary relief from symptoms.

When it comes to the various joint problems, you can do some preventive

ARTHRITIS cont. on page 40A

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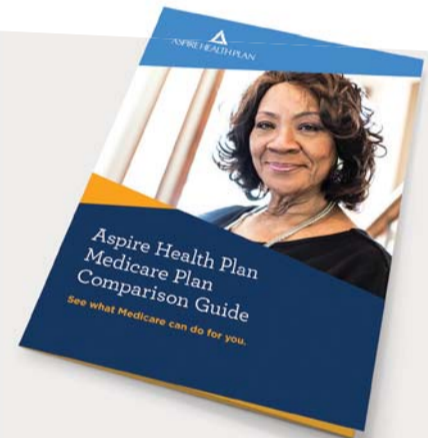
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HEALTHY LIFESTYLES

WORKOUT *cont. from page 30A*

classes nearby, some in sheltered outdoor spots, and others streamed into your living room.



Carmel Valley Athletic Club has moved a wide variety of group exercise classes outdoors, along with some of its weightlifting and cardio machines. The Bodycombat classes promise a “fiercely energetic program inspired by martial arts,” while the pool is home to aqua-fitness sessions.

Megan Canning, the club’s fitness director, said a lot of people like the outdoor options. She noted that reservations are required to visit the facility, whether for a class, to use the pool or tennis courts (one of which is being tented for winter use), or to work out with a personal trainer. Additional tents and tarps to keep members dry are already in place or being added soon.

Zooming Zumba

Pacific Grove Adult School (pgusd.asapconnected.com) has Zoom strength and aerobic classes available, as well as a balance fitness class and arthritis exercise class, in which participants can use chairs to help with stability.

Addicts of Zumba — a Latin dance-inspired approach to fitness — already know you can find outdoor sessions at the Monterey Sports Center and Gold’s Gym (Del Monte Center). You can also find livestreamed classes 24/7 at Zumba.dance for as little as \$5 for 60 minutes.










Regardless of their focus, livestreamed classes are a lot like the

INDOORS *cont. on page 40A*

Carmel Valley Athletic Club’s taking fitness outdoors — there’s the heated pool, an open-air deck, and covered spots for classes.

ONLINE WORKOUTS — A PRIMER

WHETHER YOU’RE getting ready for your first Zoom exercise class, or still trying to recover from the last one, here are some tips to make the next experience more positive.

-  If you can, watch a previously recorded class. This helps you get familiar with the instructor’s language and pacing.
-  Use the biggest screen you can. It’s harder to enjoy yourself if you’re squinting at an iPhone. If that’s your only option and you need glasses, have them handy.
-  Know your space. First, make sure there’s enough of it, and take care of any slipping or tripping hazards. Swing your arms around a bit, too. Nothing ends a workout faster than knocking a vase of flowers off the mantel.
-  Make sure you’ve cleared the background of anything you don’t want to share — like a pile of dirty laundry — and that anyone who might wander into camera range is, to put it bluntly, not naked.
-  Round up everything you need and have it nearby, whether it’s a bottle of water or a mat, weights, etc.
-  This sounds obvious, but wear what you’d wear to the gym — no more, no less, please. On the plus side, it’s hard to watch other people in a Zoom workout class, so once you get started, nobody will be checking out your look or your moves.
-  Log in early to ensure your connection is good and that you have time to get acquainted and communicate with the instructor. Don’t be put off if you’re new to a group that’s been exercising together for a while.
-  Ask about modifications and tell the instructor about any restrictions you have before class starts. Almost every teacher mutes class members’ mics once the session begins. (That means no one can hear your grunting or joints popping, either.)
-  Stick around for a few minutes after class to debrief and just chat a little, if you can. It’s a nice way to meet new people.

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HEALTHY LIFESTYLES

FASTING *cont. from page 32*

calories per day for two days, and eat normally on the other five days. Another popular technique involves restricting caloric consumption to a certain period of the day, say 11 a.m. to 7 p.m., with the goal of a minimum 16-hour fasting period. Happily, you'd likely sleep through about half of that.

The idea behind the system is that during the fasting period, your body begins to burn stored fat. Katz explained that in the modern world, we start eating earlier and continue eating later in the day than we did hundreds of years ago.



Dr. Toby Katz

results were not well supported. Conversely, a study published in the Journal of the American Medical Association/Internal Medicine found that people who adopted the approach lost minimal weight and much of the weight they did lose was muscle, supporting Katz's assertion that intermittent fasting isn't for everyone.

Furthermore, restricting calorie consumption during a set window doesn't give you a free pass to eat whatever you want outside those hours. "You can still overeat in an eight-hour time-frame," Katz noted. The quality of the food is important, too, of course. And there is evidence that how you break your fast can make a big difference in how your body burns calories throughout the day.

Katz said, "If in your first meal of

Fasting isn't a license to overdo it or eat a lot of junk food

Instead of our food ingestion and insulin secretion happening over just eight hours, it's 12, 14 or 16. Flipping it back forces the body to switch from using glucose stored in the liver to breaking down fat stored in the body, a process called ketogenesis. (That term also pops up in low-carb regimens like Atkins.)

Not for everyone

Some small, short-term studies have attributed other health benefits to intermittent fasting, such as decreased inflammation, but those

DIET cont. on page 40A

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“essential”

Tonya Antle

“resilient”

David Fink



“here for good”

Jimmy Panetta

“force for change”

Judy Guzman Krueger



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To inspire philanthropy and be a catalyst for strengthening communities throughout Monterey County

HEALTHY LIFESTYLES

INDOORS *cont. from page 38A*

in-person variety. People arrive early and there are almost always some regulars who know each other and the instructor, but everyone's pretty friendly. Most classes allow you to log in a few minutes early and stay after to chat. There are tips to help you have a

successful Zoom workout on p. 42A.

Whatever you end up doing — and maybe it's just throwing on another layer and carrying an umbrella on your walks — the main thing is to schedule it and commit to it. And if the gym was a scary, off-putting place, that excuse is long gone, like the last drumstick on Black Friday morning.

DIET *cont. from page 39A*

the day you eat a lower carb meal with good protein and good fat source, you're setting up your body to burn fat from the get-go." Good protein sources include eggs or nuts, the latter which also provides your body with a source of fiber beneficial to the gut microbiome.

White meats or grass-fed beef are OK (grass-fed has a lower fat content), but not processed meats such as sa-

lami, bacon or deli meats because of high salt content and preservatives. Good fats include avocados and olive oil.

Ultimately, you have to choose an eating approach that is effective for you and your lifestyle and is sustainable — you still want to enjoy your life. Katz stressed that if you want to lose weight you should eat mindfully and alter your relationship with food to eating mostly real food, as opposed to processed goodies and snacks.

ARTHRITIS *cont. from page 36A*

maintenance by exercising regularly and keeping your body weight within normal ranges. Exercise — Udwadia recommended low-impact workouts, like swimming or rowing — keeps you flexible and strengthens the muscles that support joints.

On the other hand, Udwadia said that over-the-counter nutritional aids for joint health are untested. "There are no supplements that have undergone formal trials to prove that they work for osteoarthritis," he said.

Finally, as winter settles in with chillier, wet weather, you might ask, "Can Aunt Mabel's knees really tell

when there's a storm a-brewin'?" Yes, theoretically. Udwadia said that some people believe changes in barometric pressure change the pressure in joints, too, which can cause increased pain, but that relationship is unproven.

Everyone gets used to a certain amount of slowing down and stiffness as they age, but Udwadia said if pain interferes with your quality of life — your ability to play with the grandkids, take an after-dinner stroll, or tie a bow on a holiday gift, for example — you should get it evaluated.

Some of the diseases can cause permanent damage if left untreated, so if you're on the fence, it's better to be safe than sorry.



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Quilters send their latest creations, and good vibes, to Big Sur and beyond

WARMING BODIES as well as hearts, members of the Monterey Peninsula Quilters Guild have created custom quilts for those most impacted by the Dolan Fire, including firefighters who were injured and residents who lost homes.

Last week, the guild gave 21 quilts to **Patte Kronlund**

of the nonprofit Community Association of Big Sur, who is distributing them to the firefighters and locals.

"A quilt is a pretty powerful gift," Kronlund said. "There's so much love that went into it."

Twelve of the quilts are going to the firefighters who were injured in the battle to save Nacimiento Station, which was lost to the blaze in early September. The others are going to Big Sur residents whose homes were destroyed.

A longtime Big Sur resident, Kronlund said the quilts showcase the individual creativity of each quilter — along with every color in the rainbow. "Some are wonderfully complex, while others are simple," she observed.

'Someone cares'

Kronlund praised the quilters for their selfless efforts. "The women who made these quilts are all heroes," she added. "I'm the lucky one who is able to deliver them."

Besides making quilts for fire victims, guild members give away quilts to dialysis patients, local children in foster care, residents of the Veterans Transition Center of Monterey County, and babies born prematurely, who get quilts that measure 20 by 24 inches.

They also make special heart-shaped pillows for patients recovering from breast cancer surgery, and they've sent quilts to hurricane victims in the Southeastern United States, and earthquake victims in Japan.

For those suffering from major health challenges or life changes, quilts offer a reminder that the recipient is never alone — even if it feels that way in the moment.

"Not only do quilts provide warmth, but they remind people that someone cares," the guild's **Terann Carr** said.

■ Eye-catching photo wins prize

Though not as big or flashy or colorful as many of its competitors, a small close-up image of a woman's eye by **Norma Cordova** took First Place — along with a \$2,500 award — in the Center for Photographic Art's annual fundraising International Juried Exhibition, which opened last Saturday.

The winners were picked by **Aline Smithson**, the founder of industry magazine Lenscratch. Smithson told The Pine Cone she fell in love with Cordova's piece.

Art Roundup

By CHRIS COUNTS

"Her photo is beautiful and haunting and sad," Smithson said. "It really stood out for me. It speaks to trauma and loneliness."

The photograph invites viewers to explore other meanings. "It's a metaphorical image," she explained. "It can be interpreted in many different ways."

Cordova, meanwhile, said she was shocked to win the prize. "It was truly unexpected," she said. "It's still kind of settling in."

An Oakland resident with a deep interest in her heritage, Cordova plans to use the award to fund an exhibit that explores the impact of Alzheimer's disease on the Latino community, where she said there is much misunderstanding about it, and shame associated with it. She plans to donate the proceeds to charity.

Cordova's own father suffered from early onset Alzheimer's, and her focus on fine art photography began, at least

See ART page 47A



Last month, 13 artists completed seven murals in Sand City over a five-day span. A mural festival, meanwhile, is in the works.

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Gypsy Moon to rise, new talent at Pt. Pinos, and yet more T-day options

LA BICYCLETTE restaurant owner Gaston Georis has the OK to open a second restaurant, Gypsy Moon, on Mission south of Fifth, thanks to a decision by the planning commission last week. The location is familiar ground for Georis: It served as the back half of his family's Casanova restaurant until last year, when he and his

the commission last week briefly described the family's contributions to the Monterey Peninsula restaurant scene over the years, starting with La Boheme in 1974, and including Casanova, Collage (where Grasing's is now), Fandanggo (purchased by Pierre and Marietta Bain years ago), Munka (now Pescadero) and La Bicyclette.

"We are committed to quality cuisine that is both inventive, sometimes whimsical, and always based on solid culinary traditions," Georis and Gerhman wrote. At Gypsy Moon, they ad-

ed, "we will be roaming the diverse landscapes and culinary traditions of the world, much like a gypsy caravan."

They plan to have the new restaurant open for breakfast, lunch and dinner seven days a week, with indoor and patio seating, assuming dining inside is allowed by the time they open for business.

Their sample menu lists several breakfast items, including eggs and sides, Belgian waffles, a Parisian Health Bowl with stoneground oatmeal, granola, seeds and sprouts, fruit and warm milk. The Galette au Champignon is a savory crepe filled with local mushrooms, prosciutto and greens, and topped with hollandaise, and Huevos Divorciados — "Divorced Eggs" — is two eggs served with black beans and crispy tortillas, queso fresco and salsa.

'Unique and differentiated'

Lunch and dinner menus may have starters like rabbit terrine, smoked salmon, oysters on the half shell, vegetable croquettes, and a couple of seasonal salads, and main courses such as English pea risotto, spring nettle cannelloni with truffle cream, fish cassoulet, mushroom pasta, Hungarian goulash, wild boar ragout with root vegetables, lamb tagine, and ribeye steak with spices and couscous.

At the Nov. 10 meeting, planner Catherine Tarone said she supported Georis' application. "The menu is unique and dif-

ferentiated from other menus at restaurants in Carmel," she said, adding that the hours, 7:30 a.m. to 10 p.m. daily, will be the same as those allowed at Casanova next door.

Commissioner Stephanie Locke said she remembered eating at the Clam Box and looks forward to visiting Gypsy Moon. "I am glad to see something going into this space — it's a beautiful space," she said. "I remember it fondly from back in Clam Box times. I was new to Carmel at that time."

Commissioner Gail Lehman recalled when Casanova first opened and served breakfast, "and it was wonderful sitting outside on the patio."

"It felt like I was in Europe, and it was terrific," she said, adding that she, too, likes the proposed menu.

"It's such an amazing building," agreed chair Michael LePage. "You don't see buildings like this when you go to most states — you have to go to Europe."

The commission unanimously approved the permit for the new Gypsy Moon.

Continues next page

Soup to Nuts

By MARY SCHLEY

brother, Walter, split the building up, and Walter kept Casanova.

The spot was also home to the Clam Box restaurant for two decades before the Georis brothers bought it to enlarge Casanova in 1996.

A "mission statement" Georis and general manager John Gehrman presented to



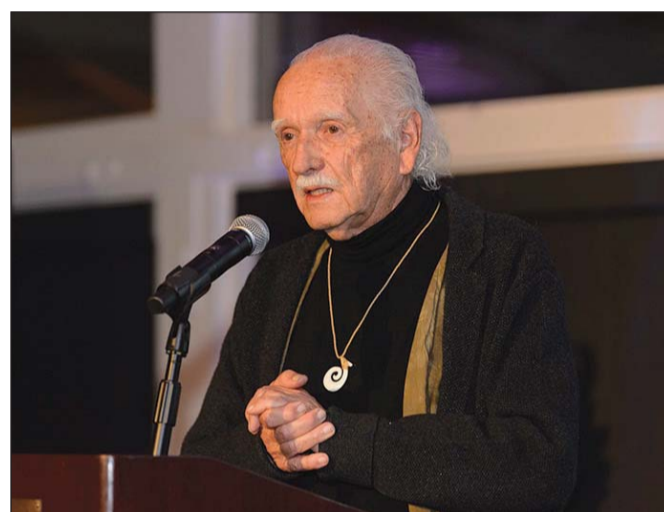
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Gaston Georis, owner of La Bicyclette restaurant, received the Business of the Year award from the chamber of commerce last December. This month, he got the OK from the city's planning commission to open a second restaurant, Gypsy Moon.

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All orders must be placed by Monday, November 23, 3:00pm, for pick-up on Thursday, November 26 at the Club Reception Desk in the Clubhouse at 8000 Valley Greens Drive, Carmel.

To pre-order, please call 831.620.8860.

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FOOD & WINE



At Alta Bakery, partner and chef Ben Spungin and head baker Matt Somerville are ready to handle Thanksgiving orders.

From previous page

What's next at golf course

Tamie Aceves, founder of Le Crème Monterey catering, partner in Lucy's on Lighthouse and owner of recently closed Crema in Pacific Grove, and now in charge of the Pt. Pinos Grill at the P.G. municipal golf course, has been in the food business for nearly four decades — in spite of a diversion to CSUMB to study behavioral science and community development.

"I was going to leave and get a big-girl job, but honestly, I went back to hospitality," she said.

Aceves has been into food and dining for as long as she can remember. When she was a little girl growing up in Salinas, she meticulously planned where she would go for her birthday dinners, usually somewhere like Anton & Michel or Casanova.

"When I was a kid, I loved going to really nice restaurants," she said.

When she was 14 or so, during a visit to the Rio Grill, she said, "I remember seeing (former owner) Tony Tollner working the dining room and thinking, 'I want to be that guy.'"

"We totally laugh about it now, because now we're friends," she said.

She worked as a waitress at a coffee shop in Castroville, where the grizzled vets taught her how to stack plates on her arms, and she went to work for Tollner when he opened Montrieo on Calle Principal in Monterey. "It was such a cool opportunity, working for all these great people," she said.

Gigs in catering kitchens followed, and then she started her own catering business, La Crème Monterey. When the

Continues next page



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FOOD & WINE

From previous page

opportunity came to move into a former restaurant space on Lighthouse in Pacific Grove, she took it, knowing she could put the kitchen to good use for La Crème. She decided to open a restaurant, Crema, too.

The restaurant lasted several years but closed due to the pandemic. She couldn't bring in enough to cover monthly expenses of nearly \$12,000. "In the best of times, restaurant margins are super slim," she said. "But in an old Victorian that is split into so many spaces, minimum wage going up, and all of the lovely expenses that go along with doing business in California, the space was a really hard nut to crack. You take away two-thirds of my seating, and, I mean, you can't make that ink out."

She has a new restaurant, though, with business partner Joleen Green. Together, they opened Lucy's, a hot dog spot farther down Lighthouse toward the golf course, in July. And the Pt. Pinos gig was a bit of chance. She said she just happened to be driving past it one day and thought to ask an acquaintance what was happening with it. The person encouraged her to submit a proposal to run it, and she did.

Like a yacht club, but not

"I get the keys on Monday," she said. Aceves has been busy figuring out how to update the interior and get everything ready in time to open for breakfast on Thanksgiving.

She wants Pt. Pinos to become a place where locals hang out and envisions it hav-

ing a sort of "yacht-club vibe."

"It could easily become a place where everybody wants to come," she said. "It just needs that love."

Much of the breakfast menu will feature Crema's popular dishes, but the larger kitchen means she can also offer more vegan and gluten-free items. "And we'll be doing lunch, which we didn't do before," she said.

Aceves wants to sell healthy, well-made grab-and-go items for golfers to enjoy on the course, for kids to take to school, and for others who are heading to the beach or are just too busy or don't feel like cooking, but don't want to sit down to a full meal out, either.

"There's a to-go window that's never been used, but we're excited to use it," she said.

And once the liquor license is transferred, she plans to offer happy hour every day from 3 to 7 p.m. "I feel like there's not really a place in P.G. for people to meet friends for cocktails," she said.

to go and to enjoy in, as much as is possible when dining out is only allowed outdoors. The four-course menu is the same whether enjoyed onsite or taken home, and includes butternut squash and potato soup, green salad, roasted turkey with traditional bread stuffing and all the usual sides, and pumpkin pie with ice cream and caramel sauce.

To dine there costs \$52 for adults and \$20 for children 12 and under, and takeout is \$37 per person if picked up on Wednesday between noon and 9 p.m. or \$52 per person if picked up on Thanksgiving between 11 a.m. and 9 p.m. To-go orders also have several optional add-ons, like prosciutto, wine, additional sides and dessert, and garnishes, and can be placed at il-fornaio.com/order-online. Call (831) 622-5100 for more information or reservations.

Sweets and more sweets

The Perfect Crumb bakery at 301B Lighthouse Ave. in Monterey has holiday pies, cheesecakes, dinner rolls and other holiday necessities, including quiches and turkey pot pies, available. For Thanksgiving, order by Nov. 22 by calling (831) 241-6269 or emailing theprecrumb@

Continues next page

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FOOD & WINE

From previous page

comcast.net.

At 502 Munras Ave. at Alvarado Street in the old Cooper-Molera adobe, Alta Bakery also has Thanksgiving pies available, including classic pumpkin, apple galette and pecan-honey.

Order in person or online at app.upsolve.com/s/alta-bakery-cafe-monterey.

Tutto Buono Eataliano at 598 Lighthouse Ave. in Mon-

terey is also taking orders for family-style Thanksgiving feasts, with a Sicilian touch, to go. Call (831) 920-1940 by Nov. 23 to order, and pick up on Nov. 25 by 7 p.m.

And Estéban in the Casa Muras hotel will have Thanksgiving dinner, too, but without any Spanish influence at all.

The traditional three-course turkey-and-all-the-trimmings meal can be had in the patio Nov. 25-29 or picked up on Nov. 26. Estéban is located at 700 Munras Ave. Call (831) 375-0176.

Want to have fancy, sophisticated cocktails without doing any of the work? Pearl Hour is selling bottles of custom-made drinks to go, with large, clear ice cubes and all the necessary garnishes. Choose one or more from among more than a half-dozen offerings, all blended, bottled and ready to serve.

Each bottle contains enough for four or five servings.

Order online by Nov. 23 at midnight for a Nov. 25 pick-up between noon and 6 p.m. at 214 Lighthouse Ave. in Monterey.

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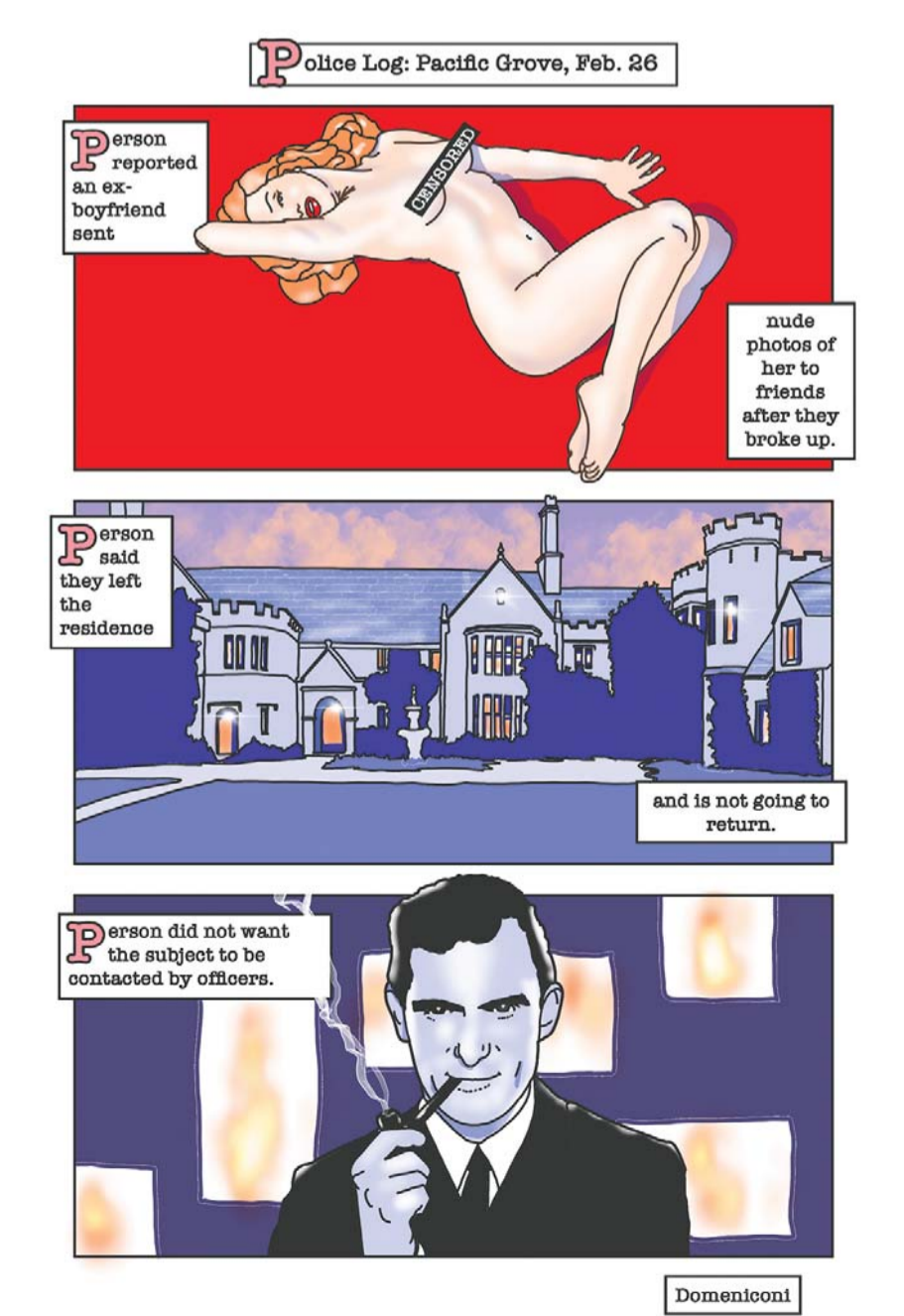
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Police Log: Pacific Grove, Feb. 26



Person reported an ex-boyfriend sent nude photos of her to friends after they broke up.

Person said they left the residence and is not going to return.

Person did not want the subject to be contacted by officers.

Domeniconi

ART

From page 41A

in part, because it was something she could do while she cared for him — in contrast to college, which had to wait.

Beauty in struggles

Cordova's prize-winning image came about during a conversation with a friend who was going through a tough time. She sought to capture "the quiet and somberness of the moment."

As an artist, Cordova finds women as compelling a subject than any other. "My subjects are my friends," she said.

Like many of her colleagues who display their work at the Center for Photographic Art, Cordova is more interested in exploring the challenges and mysteries of traditional darkroom photography than taking advantage of all the power and ease of a digital photography.

"There's something about having your hands directly on the print," she added. "Something gets transmitted — you are able to manipulate tones, colors, shadows and light to convey an emotion state of mind."

The show continues through Dec. 20. The gallery is open Saturdays and Sundays from noon to 4 p.m. Sunset Center is located at San Carlos and Ninth. Visit photography.org.

Seven murals = lots of spray paint

Just as artist **Marie-Claire Gorham** has recently done in downtown Carmel, a team of 13 mural artists completed seven murals in Sand City last month.

Sand City's city manager **Aaron Blair** came up with the idea of the mural project not long after he was hired last November. "I was asked, 'What can we do to further artists in Sand City?'" Blair told The Pine Cone.

It turns out Blair has a background in working with artists doing large murals.

"I shared that with the local art community," he recalled. "I said, 'We can pull this off.'"

To guide the project from start to finish, Sand City hired a Denver-based company that specializes in murals, So-Gnar Creative. The consultant put together a team of 13 paid artists, which included six locals: **Bryan Gage** of Pacific Grove, **Kenton Hoppas** of Monterey, **Hanif Panni** and **Frank Signs** of Sand City, and **Jessica Carmen** and **Augie Escobedo** of Gonzalez.

Once all the planning and preparation were done, the artists got busy Sept. 30. While at least one artist applied house paint with a brush, most used spray cans of paint. All the work was done by Oct. 5, and came in slightly under its budget of \$65,000. In sharp contrast to Gorham's work in Carmel, which recalls California's early 20th century muralists, the Sand City murals embrace an artistic style that has more in common with contemporary street and graffiti artists.

Murals boost business

Blair said the mural will complement Sand City's business district and help publicize its biggest yearly event.

"Murals increase magnetism to a location, boost business and social media tagging for business locations, and cause bumps in most annual business revenues," he explained. "The goal is to raise the level of awareness for our annual West End Celebration, continue to support our creatives, and attract new businesses that will bring more people to our existing creative businesses. At the end of the day, the goal is to continue to improve our city, and provide smart investments in our city to support our resident and businesses."

The city manager said more public art is on the horizon. The city now has 25 pieces on display and is contemplating an annual mural festival.

"I believe in investing in all public art, not just murals," he added. "We are simply starting the process with murals, but definitely want to add in other mediums."

The owners of three businesses in Sand City, **Terry** and **Theresa Ream** are thrilled to see murals on the side of a warehouse they own.

"When Sand City approached us with the opportunity to donate one of the walls of our buildings in the cause of beautifying the city, we jumped at the chance," Terry

Ream added. "We ended up giving them three walls on the exterior of our warehouse. The murals that the artists created are amazing and inspiring. We couldn't be more pleased with how the artwork turned out."

CALENDAR

Nov. 20 & 21 – "Uncorked," Monterey County Pops! annual auction this year online. Help us support music education programs for under-served youth. Bid on an array of fabulous items! visit: montereycountypops.org. For more information: (831) 655-4723

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